

# Comprehensive Children's Home Management Plan

Compliant with the Children's Homes (England) Regulations 2015 and Quality Standards

---

## Table of Contents

1. [Introduction and Statement of Purpose](#)
  2. [Regulatory Framework and Legal Compliance](#)
  3. [The Nine Quality Standards Implementation](#)
  4. [Leadership and Management Structure](#)
  5. [Staffing and Workforce Development](#)
  6. [Care Planning and Assessment](#)
  7. [Safeguarding and Protection](#)
  8. [Health and Wellbeing](#)
  9. [Education and Achievement](#)
  10. [Environmental Management](#)
  11. [Operational Procedures](#)
  12. [Quality Assurance and Monitoring](#)
  13. [Partnership Working](#)
  14. [Emergency Procedures](#)
  15. [Appendices](#)
- 

## 1. Introduction and Statement of Purpose

### 1.1 Home Overview

Colham House is a children's residential home offering medium to long-term placements for young people aged 8–16 who present with Emotional and Behavioural Difficulties (EBD) and/or Learning Disabilities (LD). The home is Ofsted-registered and operates under the Children's Homes (England) Regulations 2015.

### 1.2 Mission Statement

To provide a stable, nurturing, and safe environment where children with complex needs can thrive, develop resilience, and achieve their potential through trauma-informed, neurodiversity-affirming care practices.

### 1.3 Core Principles

Our approach is grounded in the fundamental principles of residential child care:

- **Love and Safety:** Children should be loved, happy, healthy, safe from harm, and able to develop and thrive
- **Individual Value:** Each child is valued as an individual with unique talents, strengths, and capabilities
- **Positive Relationships:** Foster strong bonds between children and staff through shared activities and established boundaries
- **Ambition:** Nurture children's learning and aspirations for their future
- **Attentiveness:** Support emotional, mental, and physical health needs
- **Outward Facing:** Work collaboratively with the wider professional network
- **High Expectations:** Maintain high standards for staff as committed team members
- **Quality Environment:** Provide safe, stimulating, high-quality accommodation

## 1.4 Types of Care Provided

### 1.4.1 Emotional and Behavioural Difficulties (EBD)

- Complex trauma and attachment disorders
- Behavioural dysregulation and self-harming behaviours
- Risk-taking and withdrawn behaviours
- Support through individualised behaviour support plans (IBSPs)
- Therapeutic engagement and key-working relationships

### 1.4.2 Learning Disabilities (LD)

- Mild to moderate learning disabilities
- Autism spectrum conditions (ASC) and ADHD
- Visual communication aids (PECS, Makaton)
- Occupational therapy input and structured environments
- Personalised routines accommodating sensory, cognitive, and social needs

## 1.5 Therapeutic Model

- **Trauma-informed practice:** Understanding the impact of adverse childhood experiences
  - **Attachment-based approaches:** Building secure relationships and emotional regulation
  - **Neurodiversity-affirming:** Celebrating and supporting different neurological profiles
  - **Evidence-based interventions:** Zones of Regulation, Life Story Work, therapeutic tools
  - **Clinical supervision:** Weekly supervision from external consultant psychologist
-

## **2. Regulatory Framework and Legal Compliance**

### **2.1 Primary Legislation and Regulations**

- Children Act 1989 and 2004
- Children's Homes (England) Regulations 2015
- Care Standards Act 2000
- Human Rights Act 1998
- Data Protection Act 2018 (GDPR)
- Health and Safety at Work Act 1974
- Equality Act 2010

### **2.2 Statutory Guidance Compliance**

- **Working Together to Safeguard Children** (2018)
- **Keeping Children Safe in Education** (KCSIE 2023)
- **Children Act 1989: Care Planning, Placement and Case Review**
- **SEND Code of Practice: 0 to 25 years**
- **Promoting the Education of Looked-After Children**
- **Statutory Guidance on Promoting Health and Wellbeing of Looked-After Children**

### **2.3 Quality Standards Framework**

All practice must demonstrate compliance with the nine Quality Standards:

1. Quality and purpose of care standard (Regulation 6)
2. Children's views, wishes and feelings standard (Regulation 7)
3. Education standard (Regulation 8)
4. Enjoyment and achievement standard (Regulation 9)
5. Health and well-being standard (Regulation 10)
6. Positive relationships standard (Regulation 11)
7. Protection of children standard (Regulation 12)
8. Leadership and management standard (Regulation 13)
9. Care planning standard (Regulation 14)

---

## **3. The Nine Quality Standards Implementation**

### **3.1 Quality and Purpose of Care Standard (Regulation 6)**

#### **3.1.1 Statement of Purpose Alignment**

- All staff understand and apply the home's Statement of Purpose
- Care delivery meets children's needs and supports them to fulfil potential
- Personalised care considering background, culture, and individual circumstances
- Physical necessities provided (clean environment, nutrition, clothing, bedding)
- Age-appropriate personal items and reasonable degree of freedom and choice

### **3.1.2 Welcoming Environment**

- Homely, domestic rather than institutional atmosphere
- Nutritious meals with children's involvement in planning and preparation
- Shared eating opportunities to promote social interaction
- Cultural and religious dietary requirements accommodated
- Children involved in decorating personal spaces

### **3.1.3 Personal Space and Privacy**

- Individual bedrooms with lockable storage for personal items
- Respect for privacy - rooms entered only with permission except for safety/cleaning
- Appropriate furniture and personal belongings
- Balance between privacy and safeguarding requirements

### **3.1.4 Transition Support**

- Preparation for moves from the home (returning home, new placement, independence)
- Development of emotional resilience and practical life skills
- Active contribution to pathway planning processes
- Collaboration with placing authorities and other professionals

## **3.2 Children's Views, Wishes and Feelings Standard (Regulation 7)**

### **3.2.1 Participation and Consultation**

- Regular consultation on quality of care and home operations
- Child-friendly complaints procedure with advocacy support
- Children's Guide provided in accessible formats
- Regular house meetings and individual key-working sessions
- Participation in care planning and review processes

### **3.2.2 Communication Support**

- Individualised communication methods for children with disabilities

- Use of visual aids, interpreters, and communication technology as needed
- Staff trained in understanding non-verbal communication
- Advocacy services available to all children

### **3.2.3 Rights and Entitlements**

- Education about children's rights as looked-after children or residents
- Access to independent advocacy and Office of Children's Commissioner
- Understanding of complaints procedures and how to access support
- Regular reminders of rights and entitlements

## **3.3 Education Standard (Regulation 8)**

### **3.3.1 Educational Achievement**

- Individual education targets aligned with EHC plans and PEPs
- Regular contact with education providers and Virtual School Heads
- Support for learning difficulties and barriers to education
- Home learning environment with study facilities and resources

### **3.3.2 Educational Support**

- Transport arrangements and practical support for school attendance
- Liaison with designated teachers for looked-after children
- Advocacy for children experiencing educational difficulties
- Support for post-16 education, training, and employment pathways

### **3.3.3 Learning Environment**

- Quiet study areas with appropriate equipment and internet access
- Educational resources including books, computers, and learning materials
- Staff support for homework and independent study skills
- Encouragement of reading for pleasure and lifelong learning

## **3.4 Enjoyment and Achievement Standard (Regulation 9)**

### **3.4.1 Activities and Interests**

- Wide range of activities both inside and outside the home
- Support for developing individual interests and hobbies
- Encouragement to try new activities appropriate to age and ability

- Access to community leisure facilities and cultural activities

### **3.4.2 Recognition and Celebration**

- Regular celebration of achievements, however small
- Reward systems that recognise progress and effort
- Photo displays and memory books of positive experiences
- Sharing successes with families and professionals where appropriate

### **3.4.3 Community Participation**

- Volunteering opportunities and community service projects
- Membership of local clubs and organizations
- Cultural and religious observance supported
- Development of positive contribution to home and wider community

## **3.5 Health and Well-being Standard (Regulation 10)**

### **3.5.1 Health Services Access**

- Registration with GP and dental practitioner within 5 working days
- Regular health assessments and health action plans
- Access to specialist services (CAMHS, therapy, medical specialists)
- Coordination with designated nurses for looked-after children

### **3.5.2 Health Promotion**

- Healthy lifestyle education and practical support
- Nutritious meal planning with children's involvement
- Physical activity opportunities and sports participation
- Sexual health education and contraception advice where appropriate

### **3.5.3 Mental Health and Emotional Wellbeing**

- Trauma-informed therapeutic interventions
- Access to counselling and psychological support
- Staff training in mental health awareness and suicide prevention
- Crisis intervention and emergency mental health procedures

## **3.6 Positive Relationships Standard (Regulation 11)**

### **3.6.1 Relationship Building**

- Key worker system with consistent adult relationships
- Training in attachment theory and trauma-informed practice
- Understanding of how past experiences affect current behaviour
- De-escalation techniques and conflict resolution skills

### **3.6.2 Behaviour Management**

- Positive behaviour strategies and clear expectations
- Individual Behaviour Support Plans (IBSPs) for each child
- Restorative approaches to addressing problematic behaviour
- Anti-bullying policies and peer mediation programs

### **3.6.3 Social Skills Development**

- Teaching of appropriate social behaviour and relationship skills
- Recognition and withdrawal from harmful or exploitative relationships
- Support for healthy friendships and family relationships
- Understanding of personal, sexual, and social relationships

## **3.7 Protection of Children Standard (Regulation 12)**

### **3.7.1 Safeguarding Culture**

- Strong safeguarding culture with children's voices central
- Regular safeguarding training for all staff
- Clear reporting procedures and whistle-blowing policies
- Partnership working with Local Safeguarding Children Partnership

### **3.7.2 Risk Assessment and Management**

- Individual risk assessments for each child
- Dynamic risk assessment and safety planning
- Missing from care protocols and return interviews
- Child sexual exploitation and county lines awareness

### **3.7.3 Physical Intervention and Restraint**

- Trauma-informed approach to behaviour management
- Physical intervention only when necessary to prevent harm
- Detailed recording and review of all restraint incidents
- Post-incident support and reflection for children and staff

## **3.8 Leadership and Management Standard (Regulation 13)**

### **3.8.1 Leadership Culture**

- Registered Manager providing strategic and operational leadership
- Clear vision and values embedded throughout the organization
- High expectations and aspirations for all children
- Continuous improvement culture with learning from incidents

### **3.8.2 Workforce Management**

- Sufficient staffing levels to meet children's needs (minimum 2:1 ratio)
- Appropriate qualifications, skills, and experience
- Regular supervision, training, and professional development
- Staff wellbeing and retention strategies

### **3.8.3 Performance Monitoring**

- Regular monitoring of care quality and outcomes
- Use of data to inform service development
- Feedback systems for children, families, and professionals
- External scrutiny through Regulation 44 visits

## **3.9 Care Planning Standard (Regulation 14)**

### **3.9.1 Admission and Induction**

- Thorough assessment before admission to ensure appropriate placement
- Comprehensive induction process with Children's Guide
- Welcome procedures involving other children where appropriate
- Clear information about home's routines, expectations, and support

### **3.9.2 Care Plan Implementation**

- Individual placement plans aligned with care plans and EHC plans
- Regular review and updating of plans
- Children's active participation in planning and review processes
- Coordination with placing authorities and other professionals

### **3.9.3 Contact and Relationships**

- Support for family contact in accordance with care plans



- Facilitation of contact through various means (visits, calls, video contact)
  - Assessment and management of contact restrictions where necessary
  - Support for maintaining friendships and community connections
- 

## **4. Leadership and Management Structure**

### **4.1 Registered Provider Responsibilities**

- Overall accountability for meeting regulatory requirements
- Strategic oversight and governance of the service
- Appointment of Registered Manager and Responsible Individual
- Financial management and resource allocation
- Quality assurance and performance monitoring

### **4.2 Responsible Individual (RI)**

#### **Role and Responsibilities:**

- Supervision of the management of the home as per Regulation 2
- Monthly visits to monitor quality of care and compliance
- Liaison with Ofsted, placing authorities, and other stakeholders
- Strategic planning and service development
- Oversight of serious incidents and safeguarding concerns

#### **Qualifications and Experience:**

- Significant experience in residential child care management
- Understanding of local authority care planning duties
- Knowledge of regulatory requirements and quality standards
- Leadership and management qualifications (Level 5 minimum)

### **4.3 Registered Manager**

#### **Qualification Requirements (Regulation 28):**

- Level 5 Diploma in Leadership and Management for Residential Childcare
- OR equivalent qualification with relevant leadership experience
- Designated Safeguarding Lead (DSL) qualification
- Must achieve qualification within specified timescales if not already held

#### **Key Responsibilities:**

- Day-to-day operational management of the home
- Ensuring compliance with all regulatory requirements
- Staff recruitment, supervision, and performance management
- Implementation of policies and procedures
- Liaison with children, families, and external professionals
- Incident management and reporting
- Quality assurance and continuous improvement

#### **4.4 Deputy Manager**

##### **Qualifications:**

- Level 5 qualification (as above) or working towards
- DSL-trained as backup to Registered Manager
- Substantial experience in residential child care

##### **Responsibilities:**

- Support to Registered Manager in all operational areas
- Cover for Registered Manager during absences
- Specific responsibilities for education liaison and health coordination
- Supervision of senior residential care workers
- Emergency response and out-of-hours management

#### **4.5 Senior Residential Care Workers (x2)**

##### **Qualifications:**

- Level 3 Diploma for Residential Childcare or equivalent
- Additional qualifications in specialist areas (autism, mental health, etc.)
- Experience in residential child care settings

##### **Responsibilities:**

- Shift leadership and supervision of care workers
- Key working relationships with allocated children
- Implementation of care plans and risk assessments
- Training and mentoring of junior staff
- Specific projects (e.g., activities coordination, health and safety)

#### **4.6 Residential Care Workers**

### **Minimum Requirements:**

- Level 3 Diploma for Residential Childcare (Regulation 32)
- Must achieve within specified timescales
- Enhanced DBS clearance
- Mandatory training completion

### **Core Responsibilities:**

- Direct care and support to children
- Implementation of individual care plans
- Key working relationships
- Activity facilitation and daily living support
- Record keeping and report writing
- Partnership working with families and professionals

## **4.7 Specialist Roles**

### **4.7.1 Waking Night Staff**

- Qualified to Level 3 standard
- Specialized training in night-time care and emergency procedures
- Responsibility for safety and security during night hours
- Support for children with sleep difficulties or night-time needs

### **4.7.2 Sleep-in Staff**

- Available for emergency support during night hours
- Training in emergency procedures and child protection
- Support for overnight activities and early morning routines

### **4.7.3 Relief/Bank Staff**

- Consistent pool of relief staff to ensure continuity
- Same qualification and training requirements as permanent staff
- Regular workers familiar with home's procedures and children's needs
- Maximum 50% agency staff on duty at any one time

## **4.8 Staffing Ratios and Deployment**

### **Minimum Staffing Levels:**

- **Daytime (06:00-22:00):** Minimum 2:1 staff to children ratio
- **Enhanced Support:** 3:1 ratio for high-risk activities or individual needs
- **Night-time:** 1 waking staff + 1 sleep-in staff + on-call manager
- **Activity Periods:** Additional staff for outings and educational activities

#### **Shift Patterns:**

- Early shift: 06:00-14:30
  - Late shift: 13:30-22:00
  - Night shift: 21:30-07:00
  - Flexible arrangements for activities and appointments
- 

## **5. Staffing and Workforce Development**

### **5.1 Recruitment and Selection**

#### **5.1.1 Safer Recruitment Procedures (Regulation 32 & KCSIE 2023)**

##### **Application Process:**

- Detailed application forms with employment history gaps explained
- Personal statements demonstrating commitment to child care
- Minimum two professional references including previous employers
- References taken up directly with referees, not through agencies

##### **Interview Process:**

- Face-to-face interviews with structured questions
- Values-based recruitment focusing on motivation and suitability
- Scenario-based questions testing safeguarding awareness
- Panel including service manager and experienced practitioner

##### **Pre-employment Checks:**

- Enhanced DBS certificate with barred lists check
- Prohibition checks where applicable
- Right to work verification
- Health clearance (occupational health assessment)
- Qualification verification
- Social media and internet checks where appropriate

### **5.1.2 Person Specifications**

#### **Essential Criteria:**

- Genuine commitment to improving outcomes for children
- Understanding of trauma-informed practice
- Excellent communication and interpersonal skills
- Resilience and emotional maturity
- Team-working abilities
- Cultural sensitivity and anti-discriminatory practice

#### **Desirable Criteria:**

- Experience working with children with EBD/LD
- Knowledge of attachment theory and child development
- Additional qualifications (e.g., mental health, autism, behavior management)
- Experience of multi-agency working

## **5.2 Induction and Probationary Period**

### **5.2.1 Comprehensive Induction Programme (3 months)**

#### **Week 1-2: Orientation and Mandatory Training**

- Home tour and introductions to children and staff
- Policies and procedures overview
- Safeguarding and child protection training
- Fire safety and emergency procedures
- GDPR and information sharing
- Health and safety including moving and handling

#### **Week 3-4: Child-Focused Learning**

- Introduction to children's individual needs and care plans
- Trauma-informed practice and attachment theory
- Behavior management and de-escalation techniques
- Communication skills and active listening
- Cultural awareness and diversity

#### **Week 5-8: Practical Skills Development**

- Shadow experienced staff across all shifts

- Gradual increase in responsibility and independence
- Practice with recording and report writing
- Participation in team meetings and handovers
- Beginning key worker relationships

## **Week 9-12: Integration and Assessment**

- Independent practice with supervision and support
- Lead on specific activities or responsibilities
- Feedback from children, families, and colleagues
- Self-reflection and learning needs assessment
- Probationary review and confirmation (if satisfactory)

### **5.2.2 Mentorship and Support**

- Assignment of experienced mentor for first 6 months
- Regular check-ins and support sessions
- Constructive feedback and development planning
- Access to additional training and resources as needed

## **5.3 Training and Development**

### **5.3.1 Mandatory Training (Annual Updates)**

#### **Child Protection and Safeguarding:**

- Level 3 safeguarding training for all staff
- Refresher training every 2 years
- Updates on legislation and local procedures
- Specific training on exploitation, county lines, and modern slavery

#### **Physical Intervention:**

- MAPA (Management of Actual or Potential Aggression) or equivalent
- Trauma-informed approaches to behavior management
- De-escalation and conflict resolution
- Legal and ethical considerations

#### **Health and Safety:**

- Manual handling and moving and handling equipment
- First aid certification (minimum one qualified first aider on duty)

- Fire safety and evacuation procedures
- Risk assessment and incident reporting

#### **Information Management:**

- GDPR and data protection
- Confidentiality and information sharing
- Record keeping standards
- Social media and digital safety

### **5.3.2 Specialist Training**

#### **Trauma and Attachment:**

- Understanding trauma and its impact on development
- Attachment theory and building secure relationships
- Therapeutic approaches and interventions
- Supporting children with complex trauma histories

#### **Neurodiversity and Learning Disabilities:**

- Understanding autism spectrum conditions
- ADHD awareness and support strategies
- Learning disabilities and person-centered approaches
- Communication aids and assistive technology

#### **Mental Health and Emotional Wellbeing:**

- Mental health awareness and early intervention
- Suicide prevention and self-harm management
- Supporting children with anxiety and depression
- Working with CAMHS and other mental health services

#### **Education and Learning:**

- Supporting children's educational achievement
- Working with schools and education professionals
- Understanding SEND and EHC plans
- Promoting learning in residential settings

## **5.4 Supervision and Performance Management**

### **5.4.1 Supervision Framework (Regulation 33)**

**Frequency and Format:**

- **Formal Supervision:** Monthly 1:1 sessions minimum
- **Group Supervision:** Weekly team meetings and case discussions
- **Ad hoc Support:** Available as needed for complex situations
- **Annual Appraisals:** Comprehensive performance review

**Supervision Standards:**

- Conducted by appropriately qualified and experienced supervisor
- Structured agenda covering practice, development, and wellbeing
- Written records maintained and signed by both parties
- Actions and development needs clearly identified and followed up

**5.4.2 Supervision Content Areas****Practice Development:**

- Individual children's progress and needs
- Implementation of care plans and interventions
- Professional decision-making and judgment
- Reflection on challenging situations and learning

**Personal Development:**

- Training and qualification progress
- Career aspirations and development planning
- Strengths and areas for improvement
- Access to additional learning opportunities

**Wellbeing and Support:**

- Managing stress and emotional demands
- Work-life balance and self-care
- Team relationships and communication
- Access to employee assistance and support services

**5.5 Performance Management****5.5.1 Performance Standards****Expected Behaviors:**



- Consistent demonstration of home's values and principles
- Professional boundaries and appropriate relationships
- Effective communication with children, families, and colleagues
- Commitment to continuous learning and development

**Performance Indicators:**

- Quality of direct work with children
- Timely and accurate record keeping
- Attendance and punctuality
- Team contribution and collaboration
- Feedback from children and families

### **5.5.2 Managing Poor Performance**

**Early Intervention:**

- Informal discussions and additional support
- Identification of training needs and resources
- Mentoring and coaching arrangements
- Clear expectations and timescales for improvement

**Formal Procedures:**

- Written improvement plans with specific targets
- Enhanced supervision and monitoring
- Access to training and development opportunities
- Regular review and assessment of progress

**Serious Performance Issues:**

- Capability procedures in line with employment law
- Disciplinary procedures for misconduct
- Safeguarding referrals where appropriate
- Support for staff throughout formal processes

---

## **6. Care Planning and Assessment**

### **6.1 Pre-Admission Assessment**

#### **6.1.1 Referral and Initial Assessment**

**Information Required:**

- Comprehensive care plan or placement plan from placing authority
- Education, Health and Care Plan (EHC) or SEN statement if applicable
- Health assessment and health action plan
- Previous placement history and outcomes
- Risk assessments and behavior support plans
- Family contact arrangements and restrictions

**Matching Process:**

- Assessment of child's needs against home's Statement of Purpose
- Consideration of impact on existing resident group
- Evaluation of staff skills and capacity to meet needs
- Risk assessment including safeguarding considerations
- Financial and resource implications

**6.1.2 Decision-Making Criteria****Acceptance Criteria:**

- Child's needs fall within home's range of expertise
- Appropriate bed availability and staffing capacity
- Ability to maintain stability for existing residents
- Sufficient resources and specialist support available
- Placing authority commitment to partnership working

**Refusal Criteria:**

- Needs outside home's Statement of Purpose or expertise
- Risk to existing residents' safety or stability
- Inadequate information provided by placing authority
- Lack of appropriate support services or resources
- Previous placement breakdown without adequate learning

**6.2 Admission and Induction Process****6.2.1 Pre-Placement Planning****Planning Meeting:**

- Multi-agency meeting including child, family, social worker, home staff

- Agreement of placement plan and initial care arrangements
- Clarification of decision-making authority and delegated responsibilities
- Educational arrangements and school liaison
- Health care coordination and consent arrangements

#### **Preparation Activities:**

- Home visit for child and family if time permits
- Introduction to key worker and primary staff
- Tour of facilities and explanation of routines
- Introduction to other residents (where appropriate)
- Provision of Children's Guide and information pack

### **6.2.2 Admission Day Procedures**

#### **Welcome Arrangements:**

- Designated key worker available for admission
- Other residents informed and prepared for new arrival
- Personal belongings storage and room allocation
- Initial meal arrangements and dietary requirements
- Introduction to house rules and expectations

#### **Documentation and Administration:**

- Placement agreement signed by all parties
- Consent forms completed for health, education, and activities
- Emergency contact information verified
- Personal allowance and financial arrangements agreed
- Initial risk assessment and safety plan implemented

## **6.3 Individual Care Planning**

### **6.3.1 Placement Plan Development**

#### **Core Components:**

- Individual goals and outcomes aligned with care plan
- Daily routines and structure adapted to child's needs
- Behavior support strategies and interventions
- Educational arrangements and support needs

- Health care requirements and specialist services
- Family contact and relationship plans

#### **Review and Updates:**

- Monthly internal reviews with key worker and child
- Quarterly multi-agency reviews with placing authority
- Annual comprehensive review of placement suitability
- Ad hoc reviews following significant incidents or changes

### **6.3.2 Individual Behavior Support Plans (IBSPs)**

#### **Assessment and Planning:**

- Functional behavior assessment identifying triggers and patterns
- Analysis of environmental and relational factors
- Identification of protective factors and strengths
- Development of preventive strategies and interventions
- Crisis management and emergency procedures

#### **Implementation Strategies:**

- Consistent approaches across all staff and shifts
- Environmental modifications and reasonable adjustments
- Positive reinforcement and reward systems
- De-escalation techniques and calming strategies
- Restorative approaches following incidents

## **6.4 Key Worker System**

### **6.4.1 Key Worker Allocation**

#### **Selection Criteria:**

- Matching of personalities and interests where possible
- Consideration of gender, cultural, and language factors
- Assessment of key worker's skills and experience
- Availability and capacity for relationship building
- Child's preferences and previous relationship experiences

#### **Key Worker Responsibilities:**

- Primary relationship building and emotional support

- Coordination of care plan implementation
- Advocacy for child's needs and wishes
- Liaison with family, education, and health services
- Regular one-to-one sessions and activities

#### **6.4.2 Key Working Activities**

##### **Individual Sessions:**

- Weekly one-to-one time for relationship building
- Life story work and identity development
- Problem-solving and emotional support
- Preparation for meetings and reviews
- Future planning and independence skills

##### **Practical Support:**

- Assistance with personal care and daily living skills
- Support with education and homework
- Health appointments and medical advocacy
- Family contact facilitation
- Activity planning and participation

### **6.5 Transition and Leaving Care**

#### **6.5.1 Transition Planning**

##### **Preparation Process:**

- Early identification of transition needs and timescales
- Gradual introduction to new placement or independence
- Skills assessment and development planning
- Emotional preparation and support
- Practical arrangements and documentation

##### **Pathway Planning:**

- Active contribution to pathway planning processes
- Assessment of independent living skills
- Educational and vocational planning
- Health transition arrangements

- Ongoing support and contact agreements

### **6.5.2 Departure Procedures**

#### **Final Preparations:**

- Completion of personal records and life story materials
- Return of personal belongings and important documents
- Final health and education handovers
- Contact arrangements and ongoing support
- Celebration of achievements and positive memories

#### **Post-Placement Support:**

- Offer of continued contact and support where appropriate
  - Participation in placement breakdown analysis if relevant
  - Feedback to placing authority on outcomes and learning
  - Contribution to pathway plan reviews and updates
- 

## **7. Safeguarding and Protection**

### **7.1 Safeguarding Culture and Leadership**

#### **7.1.1 Safeguarding Leadership**

##### **Designated Safeguarding Lead (DSL):**

- Registered Manager as lead DSL with deputy DSL cover
- Additional DSL training and regular updates
- Strategic oversight of safeguarding arrangements
- Liaison with Local Safeguarding Children Partnership (LSCP)
- Coordination of safeguarding training and development

##### **Whole-Home Approach:**

- Safeguarding embedded in all policies and procedures
- Every staff member's responsibility to protect children
- Clear reporting lines and escalation procedures
- Regular safeguarding supervision and case discussions
- Children's participation in safeguarding arrangements

#### **7.1.2 Creating a Safe Culture**

**Environmental Safety:**

- Physical environment designed to promote safety and wellbeing
- Risk assessments of premises, equipment, and activities
- Secure storage of personal belongings and confidential information
- Age-appropriate safety equipment and protective measures
- Regular safety audits and maintenance schedules

**Emotional Safety:**

- Trauma-informed approach recognizing impact of past experiences
- Consistent, nurturing relationships with trusted adults
- Predictable routines and clear behavioral expectations
- Zero tolerance of bullying, discrimination, or abuse
- Promotion of positive peer relationships and mutual respect

**7.2 Child Protection Procedures****7.2.1 Recognition and Response****Identifying Concerns:**

- Training for all staff in recognizing signs of abuse and neglect
- Understanding of different types of abuse including modern forms
- Awareness of contextual safeguarding and extra-familial risks
- Recognition of concerning behaviors and communication patterns
- Understanding of vulnerabilities specific to children in care

**Immediate Response:**

- Immediate safety measures to protect child from further harm
- Medical attention sought if required for injuries or health concerns
- Preservation of evidence where criminal activity may be involved
- Clear documentation of concerns, observations, and actions taken
- Prompt reporting to DSL and other appropriate agencies

**7.2.2 Reporting and Investigation****Internal Procedures:**

- DSL contacted within 1 hour of concern being identified
- Initial assessment of immediate risk and safety planning

- Consultation with placing authority social worker
- Documentation on child's file with clear factual recording
- Information sharing within staff team on need-to-know basis

**External Reporting:**

- Referral to Local Authority Designated Officer (LADO) if staff implicated
- Contact with police if criminal activity suspected
- Referral to children's social care if child protection concerns
- Liaison with health services for medical evidence or treatment
- Notification to Ofsted as required under Regulation 40

**7.3 Specific Safeguarding Issues****7.3.1 Child Sexual Exploitation (CSE)****Risk Factors and Recognition:**

- Understanding of grooming behaviors and exploitation methods
- Recognition of indicators including unexplained gifts, money, or items
- Awareness of online grooming and social media risks
- Understanding of county lines and criminal exploitation
- Knowledge of local CSE profiles and risk areas

**Response and Intervention:**

- Multi-agency CSE risk assessment and safety planning
- Disruption activities in partnership with police and other agencies
- Therapeutic support for trauma and abuse recovery
- Education and awareness-raising about healthy relationships
- Support for families and other children affected

**7.3.2 Missing from Care****Prevention Strategies:**

- Individual risk assessments identifying triggers and patterns
- Relationship-building and attachment work with key workers
- Addressing underlying causes of missing behavior
- Environmental modifications and support strategies
- Coordination with placing authorities and local services



### **Missing Protocols:**

- Immediate search of premises and contact with known associates
- Police notification according to local missing persons protocols
- Risk assessment considering vulnerability and previous patterns
- Active searching and liaison with other agencies
- Return interview and learning from missing episodes

### **7.3.3 County Lines and Criminal Exploitation**

#### **Awareness and Recognition:**

- Understanding of county lines operations and child recruitment
- Recognition of indicators including unexplained money, travel, or items
- Awareness of coercion, control, and violence involved
- Understanding of links to missing episodes and CSE
- Knowledge of local crime patterns and risk areas

#### **Multi-agency Response:**

- Information sharing with police and other agencies
- Disruption activities and enforcement action
- Therapeutic support for trauma and exploitation
- Educational input about risks and grooming methods
- Support for other children who may be at risk

## **7.4 Physical Intervention and Restraint**

### **7.4.1 Legal Framework and Principles**

#### **Legislative Basis:**

- Children Act 1989 and Human Rights Act 1998
- Regulation 20 of Children's Homes Regulations 2015
- Common law duty of care and protection obligations
- Deprivation of Liberty Safeguards (DoLS) considerations
- UN Convention on Rights of the Child

#### **Core Principles:**

- Restraint used only when necessary to prevent harm
- Minimum force for shortest possible time

- Proportionate response to level of risk presented
- Last resort after other interventions attempted
- Focus on de-escalation and relationship repair

#### **7.4.2 Authorized Purposes for Restraint**

##### **Preventing Injury:**

- Physical injury to the child or others
- Psychological harm or emotional trauma
- Self-harm or suicidal behavior
- Accidents or dangerous situations

##### **Preventing Property Damage:**

- Serious damage to property belonging to child or others
- Damage that would create safety risks or hazards
- Deliberate vandalism or destruction

##### **Preventing Absconding (Secure Accommodation Only):**

- Children placed in secure accommodation under Section 25 orders
- Court-authorized detention for welfare reasons
- Time-limited and regularly reviewed placements

#### **7.4.3 Restraint Procedures and Training**

##### **Staff Training Requirements:**

- MAPA (Management of Actual or Potential Aggression) certification
- Annual refresher training and competency assessment
- Understanding of legal and ethical framework
- De-escalation and conflict resolution techniques
- Post-incident support and reflection skills

##### **Implementation Guidelines:**

- Team approach with designated lead restrainer
- Continuous risk assessment during intervention
- Clear communication with child throughout
- Regular position changes to prevent injury
- Immediate medical attention if injury occurs

### **Post-Incident Procedures:**

- Immediate medical assessment if required
- Debriefing with child within 24 hours
- Child's views recorded within 5 days
- Staff debriefing and learning review
- Notification to placing authority and Ofsted if serious incident

## **7.5 Online Safety and Digital Protection**

### **7.5.1 Digital Access and Education**

#### **Providing Safe Access:**

- Age-appropriate internet access with robust filtering and monitoring
- Personal devices policy balancing privacy with protection
- Education about online risks and safety strategies
- Support for digital literacy and responsible use
- Clear consequences for misuse or harmful behavior

#### **E-Safety Education:**

- Regular workshops on online safety and digital citizenship
- Understanding of grooming, exploitation, and abuse online
- Education about privacy settings and personal information sharing
- Awareness of cyberbullying and harmful content
- Support for positive online relationships and activities

### **7.5.2 Managing Online Risks**

#### **Risk Assessment:**

- Individual risk assessments considering online vulnerabilities
- Regular review of internet history and digital activities
- Monitoring of social media use and online relationships
- Assessment of exposure to harmful or inappropriate content
- Coordination with police and other agencies regarding online risks

#### **Intervention Strategies:**

- Therapeutic support for online exploitation or abuse
- Reporting of concerning online activity to appropriate agencies

- Blocking or restriction of harmful websites or contacts
  - Education and support for developing healthy online relationships
  - Family work to address online risks and protective factors
- 

## **8. Health and Wellbeing**

### **8.1 Health Service Access and Coordination**

#### **8.1.1 Primary Health Care**

##### **GP Registration:**

- Registration with local GP practice within 5 working days of placement
- Coordination with placing authority health team
- Transfer of health records and medical history
- Initial health assessment within 4 weeks of placement
- Regular health checks and monitoring as per care plan

##### **Dental Care:**

- Registration with local dental practice within 5 working days
- Regular dental check-ups every 6 months minimum
- Orthodontic referrals and treatment as required
- Emergency dental care arrangements
- Oral health education and hygiene support

#### **8.1.2 Specialist Health Services**

##### **Mental Health Services:**

- CAMHS referrals and liaison for complex mental health needs
- Access to psychological therapy and counseling
- Coordination with consultant psychiatrists for medication reviews
- Crisis intervention and emergency mental health support
- Participation in multi-agency mental health planning

##### **Therapeutic Services:**

- Occupational therapy for sensory and motor needs
- Speech and language therapy for communication difficulties
- Physiotherapy for physical disabilities or injuries

- Art, music, and drama therapy for emotional expression
- Family therapy and systemic interventions where appropriate

## **8.2 Health Promotion and Education**

### **8.2.1 Healthy Lifestyle Promotion**

#### **Nutrition and Diet:**

- Balanced meal planning with children's involvement
- Accommodation of dietary requirements and preferences
- Education about healthy eating and nutrition
- Cooking skills and meal preparation activities
- Management of eating disorders or food-related difficulties

#### **Physical Activity:**

- Regular exercise and sports participation opportunities
- Use of local leisure facilities and sports clubs
- Individual fitness plans for children with physical disabilities
- Active transportation (walking, cycling) where appropriate
- Understanding of benefits of physical activity for mental health

### **8.2.2 Health Education**

#### **Sexual Health and Relationships:**

- Age-appropriate relationships and sexual health education
- Access to contraception and sexual health services
- Support for LGBTQ+ young people and identity development
- Education about consent, healthy relationships, and abuse prevention
- Confidential access to sexual health services and advice

#### **Substance Use Prevention:**

- Education about risks of alcohol, drugs, and tobacco use
- Understanding of legal highs and emerging substances
- Support for young people with substance use issues
- Liaison with specialist substance use services
- Harm reduction approaches where abstinence not achieved

## **8.3 Medicine Management**

### **8.3.1 Medication Administration (Regulation 23)**

#### **Storage and Security:**

- Secure storage of all medications in locked cabinets
- Separate storage for controlled drugs with additional security
- Temperature monitoring for medications requiring refrigeration
- Regular stock checks and expiry date monitoring
- Secure disposal of unused or expired medications

#### **Administration Procedures:**

- Training for all staff in safe medication administration
- Double-checking procedures for high-risk medications
- Clear protocols for different types of medications
- Documentation of all administrations including refusals
- Emergency procedures for medication errors or adverse reactions

### **8.3.2 Self-Administration Support**

#### **Assessment for Self-Administration:**

- Individual assessment of competence and understanding
- Gradual introduction of self-administration with support
- Regular review of self-administration arrangements
- Education about medication effects and side effects
- Support for adherence and consistency

#### **Monitoring and Support:**

- Regular medication reviews with prescribing clinicians
- Monitoring of effectiveness and side effects
- Support for children who refuse or struggle with medication
- Liaison with pharmacists for complex medication regimes
- Emergency procedures for medication-related crises

## **8.4 Mental Health and Emotional Wellbeing**

### **8.4.1 Trauma-Informed Practice**

#### **Understanding Trauma:**

- Recognition of complex trauma and its developmental impact
- Understanding of attachment difficulties and insecure relationships
- Awareness of re-traumatization risks in residential care
- Knowledge of trauma-specific interventions and therapies
- Integration of trauma-informed principles in daily practice

### **Therapeutic Approaches:**

- Individual therapy and counseling support
- Group therapy and peer support programs
- Creative therapies (art, music, drama) for expression and healing
- Mindfulness and relaxation techniques
- Life story work and identity development

## **8.4.2 Mental Health Crisis Management**

### **Risk Assessment:**

- Regular mental health risk assessments and safety planning
- Recognition of early warning signs and triggers
- Individual crisis management plans and interventions
- Coordination with CAMHS and emergency services
- Support for children following mental health crises

### **Suicide Prevention:**

- Training for all staff in suicide risk assessment and prevention
- Safe environment measures including ligature risk assessment
- Individual safety plans for children at risk
- Access to 24/7 crisis support and helplines
- Post-incident support and learning from serious incidents

## **8.5 Health Record Keeping and Information Sharing**

### **8.5.1 Health Records Management**

#### **Documentation Requirements:**

- Individual health files for each child
- Consent forms for health treatments and procedures
- Medication administration records (MARs)

- Health assessment and action plan updates
- Specialist report and correspondence filing

### **Information Sharing:**

- Coordination with placing authority health teams
  - Liaison with GP practices and specialist services
  - Information sharing for multi-agency health planning
  - Consent and confidentiality considerations
  - Emergency information access and sharing protocols
- 

## **9. Education and Achievement**

### **9.1 Educational Leadership and Coordination**

#### **9.1.1 Education Leadership Structure**

##### **Education Coordinator Role:**

- Designated senior staff member with education responsibility
- Liaison with schools, Virtual School Heads, and education services
- Coordination of Personal Education Plans (PEPs) and EHC plans
- Advocacy for children's educational needs and outcomes
- Monitoring of educational progress and achievement

##### **Partnership Working:**

- Regular contact with designated teachers for looked-after children
- Participation in multi-agency education planning meetings
- Liaison with Special Educational Needs Coordinators (SENCOs)
- Coordination with education psychology and specialist services
- Partnership with parents and carers in educational planning

#### **9.1.2 Educational Advocacy**

##### **Individual Advocacy:**

- Supporting children in expressing educational preferences and aspirations
- Challenging inadequate educational provision or outcomes
- Advocating for appropriate school placements and resources
- Supporting appeals and complaints about educational decisions



- Ensuring children's voices are heard in educational planning

### **Systemic Advocacy:**

- Highlighting gaps in educational provision for children in care
- Contributing to Virtual School strategy and development
- Participating in local authority education planning forums
- Sharing good practice and learning with other homes and services
- Challenging discriminatory or exclusionary educational practices

## **9.2 Supporting Educational Achievement**

### **9.2.1 Educational Assessment and Planning**

#### **Understanding Educational Needs:**

- Comprehensive assessment of educational history and achievements
- Identification of learning strengths, difficulties, and barriers
- Understanding of special educational needs and disabilities
- Assessment of previous educational trauma or disruption
- Individual education target setting and action planning

#### **Personal Education Plans (PEPs):**

- Active participation in PEP development and review
- Ensuring PEP targets are embedded in daily care planning
- Monitoring progress against PEP outcomes and targets
- Contributing residential care perspective to educational planning
- Liaison with Virtual School and education professionals

### **9.2.2 Daily Educational Support**

#### **Homework and Study Support:**

- Designated quiet study areas with appropriate equipment
- Staff support for homework completion and independent study
- Access to computers, internet, and educational resources
- Encouragement of reading for pleasure and educational development
- Individual tutoring or educational support where needed

#### **Learning Environment:**

- Creating a culture that values education and achievement

- Celebrating educational successes and progress
- Addressing barriers to learning including emotional and behavioral issues
- Supporting school attendance and punctuality
- Providing practical support for educational activities and trips

## **9.3 School Liaison and Partnership**

### **9.3.1 Daily School Liaison**

#### **Communication Systems:**

- Daily communication with schools about attendance and behavior
- Home-school books or electronic communication systems
- Regular phone contact with class teachers and key workers
- Prompt response to school concerns or requests for support
- Sharing of relevant information about child's home circumstances

#### **Supporting School Attendance:**

- Morning routines that support punctual school attendance
- Transport arrangements and backup plans
- Addressing barriers to attendance including anxiety or peer difficulties
- Celebrating improved attendance and school engagement
- Working with education welfare services where attendance is poor

### **9.3.2 Educational Transitions**

#### **School Placement Support:**

- Supporting school admission processes and applications
- Attending school visits and transition meetings
- Providing information about child's needs and support requirements
- Liaising with new schools about care arrangements and contact
- Supporting children through school transition anxiety and adjustment

#### **Post-16 Transition:**

- Careers guidance and post-16 pathway planning
- Supporting applications for college, apprenticeships, or employment
- Liaison with Connexions and careers services
- Practical support for transport and resources

- Continuing education support for care leavers

## **9.4 Special Educational Needs and Disabilities (SEND)**

### **9.4.1 SEND Assessment and Support**

#### **Education, Health and Care Plans (EHC):**

- Understanding and implementing EHC plan outcomes
- Participation in annual reviews and planning meetings
- Coordination between education, health, and care objectives
- Ensuring residential care supports educational outcomes
- Advocating for appropriate resources and provision

#### **Reasonable Adjustments:**

- Environmental modifications to support learning and development
- Assistive technology and communication aids
- Sensory supports and accommodations
- Behavioral support strategies in line with educational approaches
- Individual timetables and curriculum modifications where appropriate

### **9.4.2 Specialist Educational Provision**

#### **Alternative Education:**

- Supporting children excluded from mainstream education
- Liaison with alternative education providers and pupil referral units
- Advocacy for appropriate educational placements
- Monitoring quality and outcomes of alternative provision
- Planning for reintegration into mainstream education where appropriate

#### **Therapeutic Education:**

- Integration of therapeutic approaches with educational interventions
- Coordination with education psychology and specialist teachers
- Support for children with complex learning and behavioral needs
- Multi-sensory learning approaches and differentiated teaching
- Trauma-informed educational practices and environments

## **9.5 Promoting Learning and Achievement**

### **9.5.1 Learning Culture**

#### **Creating a Learning Environment:**

- Physical environment that promotes concentration and study
- Resources and equipment to support different learning styles
- Cultural activities including visits to museums, theaters, and libraries
- Recognition and celebration of all types of achievement
- Peer support and collaborative learning opportunities

#### **Staff as Learning Role Models:**

- Staff engagement in their own learning and development
- Sharing knowledge and skills with children
- Demonstrating curiosity and enthusiasm for learning
- Supporting children's interests and hobbies through their own skills
- Modeling problem-solving and resilience in learning

### **9.5.2 Enrichment and Enhancement**

#### **Extra-curricular Activities:**

- Music, art, drama, and creative activities
- Sports and physical activities
- Science, technology, and digital literacy
- Community involvement and volunteering
- Cultural and religious activities and celebrations

#### **Educational Trips and Experiences:**

- Visits to places of educational interest
- Residential trips and outdoor education experiences
- Work experience and career exploration
- University visits and higher education aspiration building
- International exchanges and cultural experiences where appropriate

---

## **10. Environmental Management**

### **10.1 Physical Environment and Accommodation**

#### **10.1.1 Building Design and Layout**

### **Child-Centered Design:**

- Domestic rather than institutional feel throughout
- Appropriate balance of communal and private spaces
- Age-appropriate décor and furnishing
- Cultural sensitivity in decoration and imagery
- Accessibility features for children with disabilities

### **Accommodation Standards:**

- Individual bedrooms for each child (no sharing except siblings by choice)
- Minimum room sizes as per planning regulations
- Adequate storage including lockable personal storage
- En-suite facilities or adequate bathroom provision
- Common areas including lounge, dining, and activity spaces

## **10.1.2 Safety and Accessibility**

### **Physical Safety:**

- Regular health and safety risk assessments
- Fire safety systems including detection, alarms, and escape routes
- Window restrictors and balcony safety measures
- Secure storage for hazardous materials and equipment
- CCTV in communal areas only with consent and clear policy

### **Accessibility:**

- Wheelchair access and mobility equipment storage
- Accessible bathroom and kitchen facilities
- Hearing loops and visual alarms where required
- Sensory room and quiet spaces for children with autism
- Adaptive equipment and environmental controls

## **10.2 Noise Mitigation Strategy**

### **10.2.1 Environmental Design for Noise Reduction**

#### **Acoustic Measures:**

- Sound-dampening materials including acoustic panels and carpets
- Solid doors with proper seals to reduce sound transmission

- Double glazing on external windows
- Soft furnishings to absorb sound
- Strategic placement of noisy activities away from quiet areas

### **Spatial Design:**

- Separate activity zones and calm-down areas
- Bedroom layouts preventing shared walls between high-need residents
- Sound barriers between different activity areas
- Outdoor spaces to reduce indoor noise and congestion
- Music room or designated noisy activity space

## **10.2.2 Operational Noise Management**

### **Daily Routine Adaptations:**

- Staggered wake-up and bedtime routines to reduce crowding
- Quiet hours policy during homework and rest times
- Individual schedules for children with sensory sensitivities
- Outdoor activities during peak indoor activity times
- Flexible meal times to reduce dining room overcrowding

### **Sensory Profiling:**

- Individual sensory assessments for room allocation
- Understanding of each child's noise sensitivity and triggers
- Personalized noise management strategies
- Use of noise-cancelling headphones and ear defenders
- Quiet retreat spaces available at all times

## **10.2.3 Behavioral Noise Management**

### **De-escalation and Prevention:**

- Zones of Regulation boards and emotion check-ins
- Early identification of stress and sensory overload
- Proactive intervention before behavioral escalation
- Teaching of self-regulation and coping strategies
- Environmental modifications to reduce triggers

### **Response Protocols:**

- Clear procedures for managing noise-related behavioral incidents
- Staff training in understanding sensory processing differences
- Post-incident analysis and learning for future prevention
- Support for other children affected by noise incidents
- Review and adjustment of environmental strategies

## **10.3 Refuse and Recycling Management**

### **10.3.1 Waste Management Systems**

#### **Daily Waste Procedures:**

- Clearly labeled bins for different waste streams (general, food, recycling, clinical)
- Internal bins emptied twice daily to maintain hygiene
- Food waste management to prevent pest attraction
- Clinical waste disposal for medical supplies and sharps
- Hazardous waste separation and specialist disposal

#### **Storage and Collection:**

- External bin storage in ventilated, lockable areas
- Regular bin cleaning and sanitization
- Pest control measures and monitoring
- Clear access routes for collection vehicles
- Weather protection for bins and storage areas

### **10.3.2 Environmental Education and Sustainability**

#### **Sustainability Education:**

- Weekly life skills sessions covering recycling and environmental awareness
- Meal planning to reduce food waste
- Energy conservation education and practice
- Sustainable shopping and consumption choices
- Local environmental projects and community involvement

#### **Children's Participation:**

- Rota-based responsibilities for recycling and waste management
- Environmental monitoring and improvement projects
- Growing food and composting activities

- Energy and water usage monitoring
- Participation in local environmental initiatives

## **10.4 Maintenance and Health and Safety**

### **10.4.1 Planned Maintenance Program**

#### **Regular Maintenance Schedule:**

- Annual maintenance calendar covering all systems and equipment
- Monthly safety inspections and testing
- Weekly checks of fire safety systems and emergency equipment
- Daily cleaning schedules and hygiene monitoring
- Seasonal maintenance including heating, cooling, and drainage

#### **Health and Safety Compliance:**

- Annual Legionella risk assessment and water system testing
- Gas safety certification and appliance testing
- Electrical installation testing and PAT testing
- Fire risk assessment and escape route verification
- Asbestos management and monitoring where applicable

### **10.4.2 Environmental Health and Hygiene**

#### **Infection Control:**

- Cleaning schedules and standards for all areas
- Hand hygiene facilities and sanitization points
- Food hygiene procedures and kitchen management
- Laundry facilities and clothing hygiene
- Isolation procedures for infectious illnesses

#### **Kitchen and Food Safety:**

- Food hygiene training for all staff involved in food preparation
  - Temperature monitoring and food storage procedures
  - Allergen management and labeling
  - Regular deep cleaning and pest control
  - Fresh water supply monitoring and testing
-



## **11. Operational Procedures**

### **11.1 Daily Operations and Routines**

#### **11.1.1 Daily Schedule Framework**

##### **Weekday Routine:**

- 06:30-08:00: Wake-up, personal care, breakfast
- 08:00-08:30: School preparation and departure
- 09:00-15:30: School hours (staff planning, training, maintenance)
- 15:30-17:00: After-school activities, homework support
- 17:00-18:30: Evening meal preparation and dining
- 18:30-20:00: Recreation, individual time, family contact
- 20:00-21:00: Personal care, room time, bedtime routines

##### **Weekend and Holiday Routine:**

- Flexible wake-up times respecting individual needs
- Structured activities balanced with free time
- Community outings and recreational activities
- Extended family contact and visiting opportunities
- Life skills activities including cooking and shopping
- Cultural and religious observances as appropriate

#### **11.1.2 Individual Routine Adaptations**

##### **Personalized Schedules:**

- Individual wake-up and bedtime routines based on needs
- Flexibility for medical appointments and specialist services
- Accommodations for sensory processing differences
- Cultural and religious observance scheduling
- Special dietary requirements and meal timing

##### **Therapeutic Routine Integration:**

- Scheduled therapy and intervention sessions
- Medication administration timing
- Behavioral support and regulation activities
- Educational support and tutoring

- Contact and visiting arrangements

## **11.2 Communication Systems**

### **11.2.1 Internal Communication**

#### **Shift Handovers:**

- Structured handover meetings at each shift change
- Electronic handover system with individual child updates
- Significant incident reporting and follow-up actions
- Staff allocation and coverage arrangements
- Daily activity planning and risk considerations

#### **Team Communication:**

- Weekly team meetings for case discussion and planning
- Monthly staff meetings for policy and procedural updates
- Quarterly team development and training sessions
- Annual staff conferences and development days
- Electronic communication systems for urgent matters

### **11.2.2 External Communication**

#### **Family Contact:**

- Telephone access available daily at appropriate times
- Video calling facilities for long-distance family contact
- Facilitated family visits in home or community settings
- Communication books for non-resident family members
- Email and social media contact where appropriate and safe

#### **Professional Communication:**

- Regular communication with social workers and placing authorities
- Educational professionals' communication systems
- Health services coordination and appointment management
- Multi-agency meeting participation and reporting
- Emergency contact procedures for all stakeholders

## **11.3 Financial Management and Administration**

### **11.3.1 Children's Personal Finances**

#### **Personal Allowances:**

- Age-appropriate pocket money and clothing allowances
- Savings accounts and financial education
- Support for larger purchases and birthday/holiday money
- Teaching budgeting and money management skills
- Protection from financial exploitation or abuse

#### **Educational and Activity Funding:**

- School trip and activity payments
- Extra-curricular activity fees and equipment
- Educational resources and technology access
- Travel costs for education and activities
- Emergency funding for urgent needs

### **11.3.2 Operational Financial Management**

#### **Budget Management:**

- Annual budget planning and monitoring
- Monthly expenditure review and variance analysis
- Capital expenditure planning for building and equipment
- Staffing cost management and overtime monitoring
- Contract management for services and supplies

#### **Financial Controls:**

- Separation of duties for financial authorization
- Purchase order systems and invoice verification
- Petty cash management and reconciliation
- Banking arrangements and account management
- Annual audit and financial reporting

## **11.4 Information Management and Records**

### **11.4.1 Record Keeping Standards (Regulations 35-39)**

#### **Individual Child Records:**

- Comprehensive case files maintained for each child
- Daily log entries recording significant events and interactions
- Individual care plan implementation and review records
- Health records including medication and treatment
- Educational records and achievement monitoring

#### **Organizational Records:**

- Staff records including recruitment, training, and supervision
- Financial records and audit trails
- Policy and procedure version control
- Incident records and investigation reports
- Regulatory compliance and inspection records

### **11.4.2 Information Security and Confidentiality**

#### **Data Protection (GDPR 2018):**

- Secure storage of paper and electronic records
- Access controls and user authentication systems
- Data sharing agreements with external agencies
- Privacy notices and consent management
- Data retention and secure disposal procedures

#### **Confidentiality Management:**

- Staff training on confidentiality and information sharing
  - Clear policies on what information can be shared with whom
  - Children's understanding of confidentiality and privacy rights
  - Secure communication systems for sensitive information
  - Breach reporting and incident management procedures
- 

## **12. Quality Assurance and Monitoring**

### **12.1 Internal Quality Assurance**

#### **12.1.1 Management Oversight and Monitoring**

##### **Registered Manager Responsibilities:**

- Daily oversight of care quality and operational standards

- Weekly supervision and support for senior staff
- Monthly quality assurance audits and reviews
- Quarterly review of policies and procedures
- Annual service development and improvement planning

### **Quality Monitoring Framework:**

- Individual child outcome monitoring and evaluation
- Staff performance and development tracking
- Incident analysis and learning implementation
- Complaint investigation and service improvement
- Financial performance and resource utilization

### **12.1.2 Internal Audit and Review Systems**

#### **Monthly Quality Audits:**

- Care planning implementation and effectiveness
- Health and safety compliance and risk management
- Record keeping standards and information management
- Staff training and development progress
- Child feedback and satisfaction monitoring

#### **Quarterly Service Reviews:**

- Outcome achievement for individual children
- Placement stability and breakdown analysis
- Staff retention and recruitment effectiveness
- Partnership working and external relationships
- Financial performance and budget management

## **12.2 External Quality Assurance**

### **12.2.1 Regulation 44 Independent Visits**

#### **Independent Visitor Appointment:**

- Appropriately qualified and experienced independent person
- No conflicts of interest with service provider
- Skills in communicating with children and assessing care quality
- Understanding of regulatory requirements and quality standards

- Regular training and development in quality assurance

#### **Visit Methodology:**

- Monthly unannounced visits with flexible timing
- Individual interviews with children in private
- Observation of daily routines and care practices
- Review of records and documentation
- Staff interviews and feedback collection

#### **Reporting and Follow-up:**

- Written reports within 14 days of visit
- Clear recommendations and improvement actions
- Response from registered manager within 14 days
- Follow-up monitoring of action implementation
- Copy of reports sent to Ofsted and placing authorities

### **12.2.2 Regulation 45 Quality of Care Reviews**

#### **Review Scope and Methodology:**

- Six-monthly comprehensive review of service quality
- Analysis of outcomes and experiences for children
- Assessment of Quality Standards implementation
- Review of policies, procedures, and practice development
- Stakeholder feedback collection and analysis

#### **Report Content and Distribution:**

- Executive summary of key findings and recommendations
- Detailed analysis of strengths and areas for improvement
- Action plan with timescales and responsibility allocation
- Trend analysis and comparison with previous reviews
- Distribution to Ofsted and all placing authorities

## **12.3 Ofsted Regulation and Inspection**

### **12.3.1 Inspection Preparation and Response**

#### **Ongoing Compliance:**

- Regular self-assessment against regulatory requirements

- Documentation maintenance and accessibility
- Staff preparation and understanding of inspection process
- Children's preparation and understanding of inspector role
- Action plan implementation from previous inspections

### **Inspection Participation:**

- Full cooperation with inspection team
- Provision of requested documentation and access
- Facilitation of interviews with children and staff
- Honest and transparent discussion of challenges and improvements
- Prompt response to inspection feedback and recommendations

### **12.3.2 Regulatory Compliance Monitoring**

#### **Requirements and Recommendations:**

- Action plan development for any requirements or recommendations
- Regular monitoring of progress against action plans
- Reporting to Ofsted on implementation progress
- Evidence collection to demonstrate compliance
- Continuous improvement beyond minimum standards

#### **Serious Incident Reporting (Regulation 40):**

- Clear procedures for identifying notifiable incidents
- 24-hour notification to Ofsted and other relevant agencies
- Comprehensive incident investigation and analysis
- Learning implementation and practice improvement
- Annual analysis of incident trends and patterns

## **12.4 Performance Measurement and Improvement**

### **12.4.1 Outcome Measurement**

#### **Child Outcomes Tracking:**

- Educational achievement and progress monitoring
- Health and wellbeing improvement indicators
- Behavioral and emotional development measures
- Placement stability and satisfaction ratings

- Preparation for independence and transition success

#### **Service Quality Indicators:**

- Staff retention and development measures
- Complaint and compliment analysis
- Partnership working effectiveness assessments
- Financial efficiency and resource utilization
- Regulatory compliance and inspection outcomes

#### **12.4.2 Continuous Improvement Framework**

##### **Learning and Development Culture:**

- Regular team reflection and learning sessions
- Best practice sharing and development
- Research and evidence-based practice implementation
- Innovation and service development initiatives
- Peer learning with other children's homes

##### **Service Development Planning:**

- Annual service development plan with clear objectives
  - Stakeholder consultation and feedback integration
  - Resource allocation for improvement initiatives
  - Progress monitoring and evaluation systems
  - Celebration of achievements and successes
- 

## **13. Partnership Working**

### **13.1 Engaging with the Wider System (Regulation 5)**

#### **13.1.1 Multi-Agency Collaboration**

##### **Core Partnership Principles:**

- Children's needs are best met through collaborative working
- No single agency can meet all of a child's complex needs
- Information sharing essential for effective support
- Challenges to inadequate responses from partner agencies
- Development of effective professional relationships



**Key Partners:**

- Placing authorities and social workers
- Education services including Virtual Schools
- Health services including CAMHS and primary care
- Police and youth justice services
- Voluntary sector organizations and advocacy services

**13.1.2 Partnership Agreements and Protocols****Service Level Agreements:**

- Clear expectations and responsibilities for each partner
- Communication protocols and information sharing arrangements
- Joint working procedures and decision-making processes
- Dispute resolution and escalation procedures
- Review and updating arrangements

**Multi-Agency Protocols:**

- Child protection and safeguarding procedures
- Missing from care response protocols
- Health care coordination and consent arrangements
- Educational planning and support agreements
- Crisis intervention and emergency response procedures

**13.2 Working with Placing Authorities****13.2.1 Social Worker Partnership****Regular Communication:**

- Minimum monthly contact with allocated social workers
- Prompt notification of significant changes or concerns
- Participation in statutory visits and case reviews
- Provision of detailed reports and assessments
- Joint planning for care plan implementation

**Care Planning Collaboration:**

- Active participation in care plan development and review
- Input into placement planning and matching decisions

- Assessment of placement progress and outcomes
- Joint problem-solving for placement difficulties
- Planning for placement endings and transitions

### **13.2.2 Independent Reviewing Officers (IRO)**

#### **Statutory Review Participation:**

- Preparation of comprehensive review reports
- Facilitation of children's participation in reviews
- Provision of placement perspective on care plan effectiveness
- Highlighting any concerns about care plan implementation
- Follow-up actions and implementation monitoring

#### **Quality Assurance Partnership:**

- Feedback on care plan quality and appropriateness
- Highlighting systemic issues affecting children's outcomes
- Collaboration on placement improvement and development
- Information sharing about best practice and innovation
- Joint training and development opportunities

## **13.3 Educational Partnerships**

### **13.3.1 School Collaboration**

#### **Daily Partnership Working:**

- Regular communication about attendance and progress
- Joint behavior management and support strategies
- Shared planning for educational trips and activities
- Coordination of homework and study support
- Celebration of achievements and progress

#### **Educational Planning:**

- Participation in Personal Education Plan (PEP) meetings
- Input into school transition and admission processes
- Assessment of educational needs and support requirements
- Advocacy for appropriate educational placements
- Monitoring of educational outcomes and progress

### **13.3.2 Virtual School Partnership**

#### **Strategic Collaboration:**

- Participation in Virtual School development and planning
- Input into policy development and service improvement
- Sharing of good practice and innovation
- Joint training and development opportunities
- Data sharing and outcome monitoring

#### **Individual Child Support:**

- Liaison with Virtual School Heads for complex cases
- Access to additional educational resources and support
- Advocacy for appropriate educational provision
- Coordination of specialist educational assessments
- Planning for post-16 education and training pathways

### **13.4 Health Service Partnerships**

#### **13.4.1 Primary Health Care Collaboration**

##### **GP Practice Partnership:**

- Regular liaison with practice managers and designated nurses
- Coordination of health appointments and treatment
- Information sharing about health needs and concerns
- Joint planning for health promotion and prevention
- Access to emergency and out-of-hours services

##### **Dental Care Coordination:**

- Regular liaison with dental practices
- Support for children with dental anxiety or phobia
- Coordination of orthodontic and specialist treatments
- Health education and oral hygiene support
- Emergency dental care arrangements

#### **13.4.2 Specialist Health Services**

##### **CAMHS Partnership:**

- Regular multi-disciplinary team meetings and reviews
- Joint care planning and intervention strategies
- Coordination of therapy and specialist treatments
- Crisis intervention and emergency support
- Training and consultation for residential staff

#### **Community Health Services:**

- Liaison with community nursing and health visiting services
- Coordination of specialist health interventions
- Access to occupational therapy and physiotherapy
- Speech and language therapy coordination
- Health promotion and prevention programs

### **13.5 Community Partnerships**

#### **13.5.1 Local Community Integration**

##### **Community Organizations:**

- Partnership with local sports clubs and activity groups
- Collaboration with faith and cultural organizations
- Involvement in community events and celebrations
- Volunteering and community service opportunities
- Local business and employer partnerships

##### **Neighborhood Relations:**

- Positive relationships with local residents and businesses
- Communication about home's role and activities
- Address any community concerns or issues
- Participation in local forums and meetings
- Contribution to community development and improvement

#### **13.5.2 Voluntary Sector Partnerships**

##### **Specialist Organizations:**

- Partnership with autism and disability organizations
- Collaboration with mental health and trauma specialists
- Links with advocacy and rights organizations

- Involvement with cultural and identity support groups
- Connection with care leaver and preparation for independence services

**Innovation and Development:**

- Participation in research and evaluation projects
  - Pilot programs and innovative practice development
  - Peer learning and best practice sharing
  - Joint funding applications and service development
  - Policy development and influence activities
- 

## **14. Emergency Procedures**

### **14.1 Emergency Response Framework**