

Frays Court, 71 Cowley Road Uxbridge

Noise Impact Assessment Report
Report 24806.NIA.01

20 Riverside Way
Cowley
Uxbridge
UB8 2YF

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KP Acoustics Ltd. 2022

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SUMMARY

KP Acoustics Ltd has been commissioned to assess the suitability of the site at Frays Court, 71 Cowley Road, Uxbridge, for a residential development in accordance with the provisions of the National Planning Policy Framework and the Noise Policy Statement for England (NPSE).

An environmental noise survey has been undertaken on site in order to establish the current ambient noise levels, as shown in Table 3.1.

Sound reduction performance calculations have been undertaken in order to specify the minimum performance required from glazed elements in order to meet the requirements of BS8233:2014, taking into consideration the non-glazed external building fabric elements. The results of these calculations and the sound reduction performance requirements for the glazed elements are shown in Table 5.2.

The noise implications of the ventilation strategy have been considered, with options being provided to ensure that the ventilation requirements of Approved Document F are achieved.

Further advice can be provided with regards to the overheating strategy to assess the noise implications once thermal modelling calculations have been undertaken.

No further mitigation measures should be required in order to protect the proposed habitable spaces from external noise intrusion.

1.0 INTRODUCTION

KP Acoustics Ltd has been commissioned by Progress Planning, 20 Riverside Way, Cowley, Uxbridge UB8 2YF, to assess the suitability of the site at Frays Court, 71 Cowley Road, Uxbridge, for a residential development in accordance with the provisions of the National Planning Policy Framework and the Noise Policy Statement for England (NPSE).

This report presents the results of the environmental survey undertaken in order to measure prevailing background noise levels and outlines any necessary mitigation measures.

2.0 SITE SURVEYS

2.1 Site Description

The site is bounded by residential properties to the north, to the west and to the south, and by Cowley Road to the east. Entrance to the site is located on Cowley Road. At the time of the survey, the background noise climate was dominated by road/rail traffic noise from Cowley Road.

2.2 Environmental Noise Survey Procedure

A noise survey was undertaken on the proposed site as shown in Figure 2.1. The location was chosen in order to collect data representative of the worst-case levels expected on the site due to all nearby sources.

Continuous automated monitoring was undertaken for the duration of the survey between 12:04 on 25/06/2022 and 12:04 on 27/06/2022.

Weather conditions were generally dry with light winds and therefore suitable for the measurement of environmental noise. The measurement procedure complied with ISO 1996-2:2017 Acoustics '*Description, measurement and assessment of environmental noise - Part 2: Determination of environmental noise levels*'.

2.3 Measurement Positions

Measurement positions are as described within Table 2.1 and shown within Figure 2.1.

Icon	Descriptor	Location Description
	Noise Measurement Position 1	The microphone was installed on an extendable pole on the ground floor of the front façade at circa 3m from any reflective surface.

Table 2.1 Measurement position and description

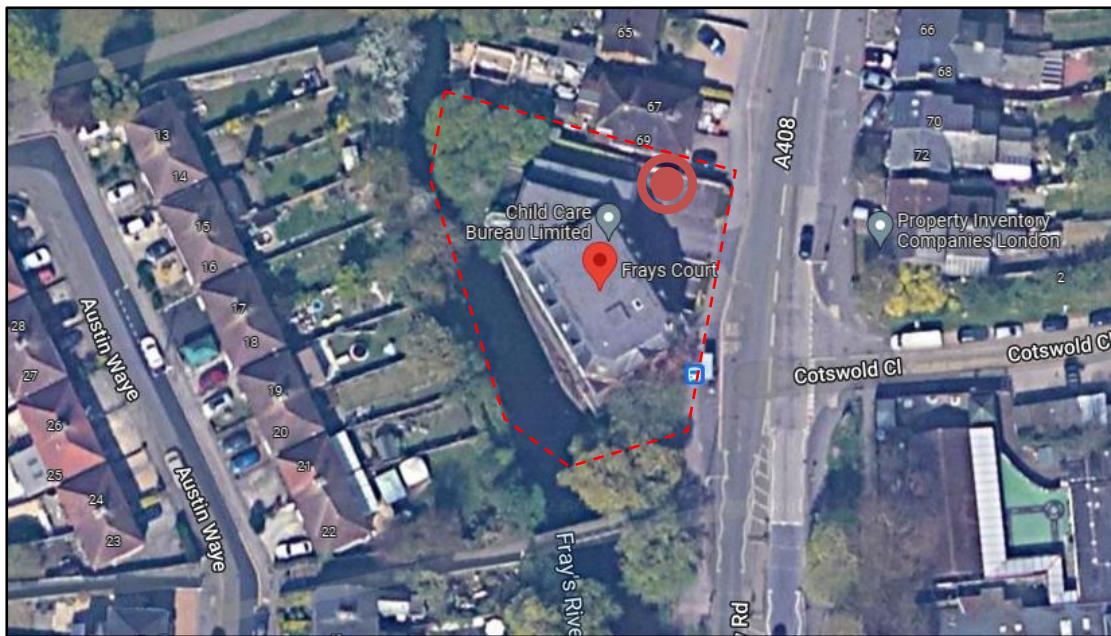


Figure 2.1 Site measurement position (Image Source: Google Maps)

2.4 Equipment

The equipment calibration was verified before and after use and no abnormalities were observed. The equipment used is described within Table 2.2.

Measurement instrumentation		Serial no.	Date	Cert no.
Noise Kit 1	Svantek Type 957 Class 1 Sound Level Meter	12399	23/03/2022	1502092-2
	Free-field microphone PCB 377B02	164905		
	Preamp PCB 378M07	125282		
B&K Type 4231 Class 1 Calibrator		2147411	24/05/2022	UCRT22/15 81

Table 2.2 Measurement instrumentation

3.0 RESULTS

3.1 Noise Survey

The $L_{Aeq:5min}$, $L_{Amax:5min}$, $L_{A10:5min}$ and $L_{A90:5min}$ acoustic parameters were measured throughout the duration of the survey. Measured levels are shown as a time history in Figure 24806.TH1.

Measured noise levels are representative of noise exposure levels expected to be experienced by all facades of the proposed development, and are shown in Table 3.1.

Time Period	Noise Measurement (Derived Noise level – dBA)
Daytime $L_{Aeq,16hour}$	63
Night-time $L_{Aeq,8hour}$	58

Table 3.1 Site average noise levels for daytime and night time

4.0 NOISE ASSESSMENT GUIDANCE

4.1 Noise Policy Statement For England 2021

The National Planning Policy Framework (NPPF) has superseded and replaces Planning Policy Guidance Note 24 (PPG24), which previously covered issues relating to noise and planning in England. Paragraph 174 of NPPF 2021 states that planning policies and decisions should aim to:

- preventing new and existing development from contributing to, being put at unacceptable risk from, or being adversely affected by, unacceptable levels of soil, air, water or noise pollution or land instability. Development should, wherever possible, help to improve local environmental conditions such as air and water quality, taking into account relevant information such as river basin management plans

In addition, Paragraph 185 of the NPPF states that '*Planning policies and decisions should also ensure that new development is appropriate for its location taking into account the likely effects (including cumulative effects) of pollution on health, living conditions and the natural environment, as well as the potential sensitivity of the site or the wider area to impacts that could arise from the development. In doing so they should*':

- Mitigate and reduce to a minimum potential adverse impacts resulting from noise from new development – and avoid noise giving rise to significant adverse impacts on health and the quality of life
- Identify and protect tranquil areas which have remained relatively undisturbed by noise and are prized for their recreational and amenity value for this reason

The Noise Policy Statement for England (NPSE) was developed by DEFRA and published in March 2010 with the aim to 'Promote good health and good quality of life through the effective management of noise within the context of Government policy on sustainable development.'

Noise Policy Statement England (NPSE) noise policy aims are as follows:

Through the effective management and control of environmental, neighbour and neighbourhood noise within the context of Government policy on sustainable development.

- *Avoid significant adverse impacts on health and quality of life;*
- *Mitigate and minimise adverse impacts on health and quality of life; and*
- *Where possible, contribute to the improvement of health and quality of life*

The Noise Policy Statement England (NPSE) outlines observed effect levels relating to the above, as follows:

- NOEL – No Observed Effect Level
 - This is the level below which no effect can be detected. In simple terms, below this level, there is no detectable effect on health and quality of life due to the noise.
- LOAEL – Lowest Observed Adverse Effect Level
 - This is the level above which adverse effects on health and quality of life can be detected.
- SOAEL – Significant Observed Adverse Effect Level
 - This is the level above which significant adverse effects on health and quality of life occur.

As stated in The Noise Policy Statement England (NPSE), it is not currently possible to have a single objective based measure that defines SOAEL that is applicable to all sources of noise in all situations. Specific noise levels are not stated within the guidance for this reason, and allow flexibility in the policy until further guidance is available.

4.2 Planning Practice Guidance – Noise (PPG-N)

Planning Practice Guidance – Noise (PPG) was introduced by the Ministry of Housing, Communities & Local Government in March 2014 and revised in July 2019. It is an online digital resource that “advises on how planning can manage potential noise impacts in new development”. It gives guidance on establishing whether noise will likely cause a concern, factors of influence on noise impact and methods by which planning can address adverse effects of noise sources.

A noise exposure hierarchy table is provided within the guidance that follows the same observed effect descriptors given within the NPSE guidance, i.e. NOEL, NOAEL and LOAEL and SOAEL.

For a NOAEL descriptor: “A noise has no adverse effect so long as the exposure does not cause any change in behaviour, attitude or other physiological responses of those affected by it. The noise may slightly affect the acoustic character of an area but not to the extent there is a change in quality of life”

4.3 ProPG: Planning and Noise

As outlined above, the National Planning Policy Framework encourages improved standards of design, although it provides no specific noise levels which should be achieved on site for varying standards of acoustic acceptability, or a prescriptive method for the assessment of noise.

ProPG: Planning and Noise was published in May 2017 in order to encourage better acoustic design for new residential schemes in order to protect future residents from the harmful effects of noise. This guidance can be seen as the missing link between the current NPPF and its predecessor, PPG24 (Planning Policy Guidance 24: Planning and Noise), which provided a prescriptive method for assessing sites for residential development, but without the nuance of ‘good acoustic design’ as outlined in ProPG.

ProPG allows the assessor to take a holistic approach to consider the site’s suitability, taking into consideration numerous design factors which previously may not have been considered alongside the noise level measured on site, for example the orientation of the building in relation to the main source of noise incident upon it.

It should be noted this document is not an official government code of practice, and neither replaces nor provides an authoritative interpretation of the law or government policy, and therefore should be seen as a good practice document only.

4.4 BS8233:2014

BS8233:2014 '*Sound insulation and noise reduction for buildings*' describes recommended internal noise levels for residential spaces. These levels are shown in Table 4.1.

Activity	Location	07:00 to 23:00	23:00 to 07:00
Resting	Living Rooms	35 dB(A)	-
Dining	Dining Room/area	40 dB(A)	-
Sleeping (daytime resting)	Bedrooms	35 dB(A)	30 dB(A)

Table 4.1 BS8233 recommended internal background noise levels

It should be noted that the recommended internal noise levels outlined above are not applicable under "purge ventilation" conditions as defined by Approved Document F of the Building Regulations, as this should only occur occasionally (E.G. to remove odour from painting or burnt food). However, the levels above should be achieved whilst providing sufficient background ventilation, either via passive or mechanical methods.

4.5 WHO Guidelines for Community Noise (1999)

WHO Guidelines for Community Noise (1999) recommends that internal noise levels for individual events should not exceed 45dB L_{Amax} more than 10-15 times per night.

It should be noted that this impact is increasingly being regarded as 'LOAEL' for this number of exceedances, as described in Section 4.1.

The external building fabric would need to be carefully designed to ensure that the above guidance is achieved.

4.6 ANC Residential Design Guide to Acoustics, Ventilation and Overheating

The ANC guide to acoustics, ventilation and overheating provides an integrated approach to achieving good acoustic design with the ventilation requirements of Approved Document F of the Building Regulations and consideration for overheating control. This good practice document recognises the interdependence of ventilation and overheating when assessing noise, and provides a methodology for assessing the noise implications surrounding ventilation and overheating control.

Ventilation

The ANC Guide to Acoustics, Ventilation and Overheating states the following with regards to ventilation:

'It is important to differentiate between the need to provide 'purge ventilation' as required occasionally under Part F, which applies to all building types, in all locations and throughout the year; against the need to provide ventilation for the 'overheating condition' which is influenced by the location, orientation, type and design of the building and may be required for sustained periods of time, or not at all, depending on the overheating risk...'

Approved Document F outlines the three main types of ventilation as whole house ventilation (continuous ventilation of rooms or spaces at a relatively low rate to dilute and remove pollutants and water vapour), extract ventilation (typically for kitchens or bathrooms), and purge ventilation (manually controlled ventilation of rooms or spaces at a relatively high rate to rapidly dilute pollutants and / or water vapour, provided by natural or mechanical means).

It also provides four template systems which can be adopted to demonstrate compliance with the Building Regulations, which are outlined in Table 4.2 below.

Ventilation System	Provision with ADF System / Purpose		
	Whole Dwelling Ventilation	Extract Ventilation	Purge Ventilation
System 1 – Trickle vents & intermittent extract fans	Trickle vents	Intermittent extract fans	Typically provided by opening windows
System 2 – Passive stack	Trickle vents and passive stack ventilation	Continuous via passive stack	Typically provided by opening windows
System 3 – Cont. mechanical extract (MEV)	Continuous mechanical extract – min. low rate Trickle vents for inlet air	Continuous mechanical extract – min. high rate Trickle vents for inlet air	Typically provided by opening windows
System 4 – Cont. mechanical supply & extract with heat recovery (MEV)	Continuous mechanical supply and extract – min. low rate	Continuous mechanical supply and extract – min. high rate	Typically provided by opening windows

Table 4.2 ADF template systems

Overheating

Overheating is a serious concern within residential developments as there is currently no requirement for overheating prevention within the Building Regulations.

The ANC Guide to Acoustics, Ventilation and Overheating states the following with regards to overheating:

'Developments will normally (but not always) require additional ventilation (above ADF whole dwelling ventilation provisions) in order to mitigate overheating. Where an overheating assessment is undertaken, it should provide details as to the duration and rate of any additional ventilation required to meet overheating compliance criteria. Where this additional ventilation is provided passively, the overheating assessment should also provide information about the required size of façade openings.'

It should be noted that the main differentiation between ventilation and overheating control is that the ventilation conditions prescribed by Approved Document F are applicable all of the time, whilst the overheating component applies only part of the time (to be defined by an overheating assessment for the scheme, if appropriate).

It is important to note that the recommended internal noise levels shown in Table 4.1 should be achieved whilst providing adequate ventilation (as outlined by Approved Document F), but the overheating condition should allow a relaxed standard internal sound environment, as follows:

'...it is considered reasonable to allow higher levels of internal ambient noise from transport sources when higher rates of ventilation are required in relation to the overheating condition'.

The rationale behind this is that the overheating condition would only apply for a relatively short period of time, and residential occupants would typically accept higher acoustic conditions internally whilst having control over thermal comfort within their property.

The impact of increased internal noise levels during relief from overheating, i.e. due to opening of windows, is in part dependant on both frequency and duration. So that this impact can be assessed, thermal predictions are required so that it is understood how frequently future occupants would be subject to increased noise levels due to overheating relief.

Table 4.3 below provides guidance for the assessment of the overheating condition.

Internal Ambient Noise Level			Examples of Outcomes	
$L_{Aeq,T}$ during 07:00-23:00	$L_{Aeq,T}$ during 23:00-07:00	Individual noise events during 23:00-07:00		
> 50dB	> 42dB	Normally exceeds 65dB $L_{AF,max}$	The noise causes a material change in behaviour e.g. having to keep windows closed most of the time	Avoiding certain activities during periods of intrusion. Having to keep windows closed most of the time because of the noise. Potential for sleep disturbance resulting in difficulty in getting to sleep, premature awakening and difficulty in getting back to sleep. Quality of life diminished due to change in acoustic character of the area.
			Increasing likelihood of impact on reliable speech communication during the day or sleep disturbance at night	At higher noise levels, more significant behavioural change is expected and may only be considered suitable if occurring for limited periods. As noise levels increase, small behaviour changes are expected e.g. turning up the volume on the television; speaking a little more loudly; having to close windows for certain activities, for example ones which require a high level of concentration. Potential for some reported sleep disturbance. Affects the acoustic environment inside the dwelling such that there is a perceived change in quality of life. At lower noise levels, limited behavioural change is expected unless conditions are prevalent for most of the time.
$\leq 35dB$	$\leq 30dB$	Do not normally exceed $L_{AF,max}$ 45dB more than 10 times per night	Noise can be heard but does not cause any change in behavior, attitude or other physiological response. Can slightly affect the acoustic character of the area but not such that there is a perceived change in the quality of life.	Noise can be heard but does not cause any change in behavior, attitude or other physiological response. Can slightly affect the acoustic character of the area but not such that there is a perceived change in the quality of life.

Table 4.3 Guidance for assessment of noise from transportation noise sources relating to overheating condition (Ref: Table 3.3 of AVO Guide)

It should be noted that the ANC guide to acoustics, ventilation and overheating document is not an official government code of practice, and neither replaces nor provides an authoritative interpretation of the law or government policy, and therefore should be seen as a good practice document only.

5.0 EXTERNAL BUILDING FABRIC SPECIFICATION

Sound reduction performance calculations have been undertaken in order to specify the minimum performance required from glazed and non-glazed elements in order to achieve the recommended internal noise levels shown in Table 4.1, taking into account average and maximum noise levels monitored during the environmental noise survey.

A Typical sized bedrooms of 6m width, 4m depth and 3m height, with a high ratio of glazing to masonry have been used for all calculations in order to specify glazing.

As a more robust assessment, L_{Amax} spectrum values of night-time peaks have also been considered and incorporated into the glazing calculation in order to cater for the interior limit of 45 dB L_{Amax} for individual events, as recommended in WHO Guidelines.

Please note that the glazed and non-glazed element calculations would need to be finalised once all design proposals are finalised.

5.1 Non-Glazed Elements

At this project stage, the exact construction of the non-glazed external building fabric is unknown, however, it is understood that it would be based upon the construction proposed in Table 5.1 and would be expected to provide the minimum figures shown above when tested in accordance with BS EN ISO, 140-3:1995.

Element	Octave band centre frequency SRI, dB					
	125Hz	250Hz	500Hz	1kHz	2kHz	4kHz
Blockwork Cavity Wall	41	43	48	50	55	55

Table 5.1 Assumed sound reduction performance for non-glazed elements

5.2 Glazed Elements

Minimum octave band sound reduction index (SRI) values required for all glazed elements to be installed are shown in Table 5.2. The performance is specified for the whole window unit, including the frame and other design features such as the inclusion of trickle vents. Sole glass performance data would not demonstrate compliance with this specification.

Glazing performance calculations have been based both on average measured night-time noise levels as well as verified against the L_{Amax} spectrum of individual events in order to comply with a maximum internal noise level of 45dB(A) in bedrooms as recommended by World Health Organisation Guidelines. The combined most robust results of these calculations are shown in Table 5.2.

Elevation	Octave band centre frequency SRI, dB						$R_w(C;C_{tr})$, dB
	125Hz	250Hz	500Hz	1kHz	2kHz	4kHz	
All Elevations	27	26	25	34	35	38	32 (-1;-3)

Table 5.2 Required glazing performance

The nominated glazing supplier should verify that their proposed window system meets the attenuation figures shown at each centre frequency band as shown in Table 5.2.

Example glazing types that would be expected achieve the above spectral values are shown in Table 5.3.

Elevation	Example glazing type
All Elevations	5/6/5

Table 5.3 Example glazing types

All major building elements should be tested in accordance with BS EN ISO 140-3:1995.

Independent testing at a UKAS accredited laboratory will be required in order to confirm the performance of the chosen system for an 'actual' configuration.

6.0 VENTILATION AND OVERHEATING

6.1 Ventilation Strategy

Based on the noise levels measured on site, appropriate ventilation systems are outlined in Table 6.1 below in order to ensure the internal noise environment is not compromised.

Ventilation System	Whole Dwelling Ventilation	Extract Ventilation
ADF System 1	Trickle vents providing a minimum performance of 32dB D _{n,e,w}	Intermittent extract fans
ADF System 3	Continuous mechanical extract (low rate) and trickle vents for supply providing a minimum performance of 32dB D _{n,e,w}	Continuous mechanical extract (high rate) with trickle vents providing inlet air
ADF System 4	Continuous mechanical supply and extract (low rate)	Continuous mechanical supply and extract (high rate)

Table 6.1 Ventilation systems

Where trickle vents are proposed, a typical number has been assumed based on the room size and number of windows. As trickle vents introduce a weak point in the building façade, it should be noted that increasing the number of trickle vents will reduce the composite performance of the facade. If more trickle vents are required, the required insulation should be increased by '+10*LOG(N)' where N is the number of vents proposed. If trickle vents are proposed, the total number of trickle vents for each sensitive space should be confirmed so that calculations can be accurately revised.

In the case of mechanical ventilation, systems should be designed to meet the internal noise levels as defined in CIBSE Guide A (2015), as shown in Table 6.2.

Room Type	LAeq, dB	NR
Bedrooms	30	25
Living Rooms	35	30
Kitchen	45-50	40-45

Table 6.2 CIBSE Guide A 2015 guidance levels for mechanical building services

In all cases, purge ventilation would be provided by openable windows. As outlined in Section 4.4, the internal noise level requirement would not be applicable during purge conditions as this would only occur occasionally.

6.2 Overheating Control Strategy

In order to provide commentary with regards to the noise implications of the overheating strategy, thermal modelling calculations should be undertaken to inform the design team on the type of overheating strategy which will be adopted. The internal noise level would be dependent on the open area required to manage overheating, and the time that the element would be required to be open.

Various solutions to control overheating and noise passively are outlined in Table 6.3. Please note that the preferable solution would need to be assessed in full by KP Acoustics in order to confirm the viability to provide a compliant internal noise level.

Mitigation Type	Description and References	Approximate Level Difference*	Improvement Relative to a Window Providing the Same Amount of Ventilation
1. Standard opening windows	Window(s) open sufficiently to provide a ventilation free-area equivalent to 2% of the floor area	13dB	0dB
2. Open windows with sound attenuating balconies	1. plus balconies with solid balustrade or enclosed to a further degree (maintaining an open area for ventilation). Absorption may be provided to the balcony soffit or potentially to other surfaces	17-23dB	4-10dB
3. Attenuated or plenum windows	Dual windows (spaced by around 200mm) with staggered openings and absorptive linings to the cavity reveals. Various other configurations also possible in principle	17-24dB	4-11dB
4. Attenuated vents/ louvres	Ventilation openings with means of attenuating sound. Typically acoustic louvres or acoustically lined ducts/ plena	17-29dB	4-16dB

Mitigation Type	Description and References	Approximate Level Difference*	Improvement Relative to a Window Providing the Same Amount of Ventilation
Combination of 2, 3 and 4	Combined use of options 2, 3 and 4. Refer to descriptions above	21-39dB	8-26dB

Table 6.3 Examples of passive ventilation systems (Ref: AVO Guide).

*External free field level to internal reverberant level

Further to the mitigation above, potential noise impact due to overheating relief could be mitigated using a more holistic approach by reducing the frequency and duration of overheating or by providing mitigation to overheating by mechanical means.

7.0 CONCLUSION

An environmental noise survey has been undertaken at Frays Court, 71 Cowley Road, Uxbridge, allowing the assessment of daytime and night-time levels likely to be experienced by the proposed development.

Measured noise levels allowed a robust glazing specification to be proposed which would provide internal noise levels for all residential environments of the development commensurate to the design range of BS8233.

No further mitigation measures should be required in order to protect the proposed habitable spaces from external noise intrusion.

Frays Court, 71 Cowley Road, Uxbridge
Environmental Noise Time History
From 25 June 2022 To 27 June 2022

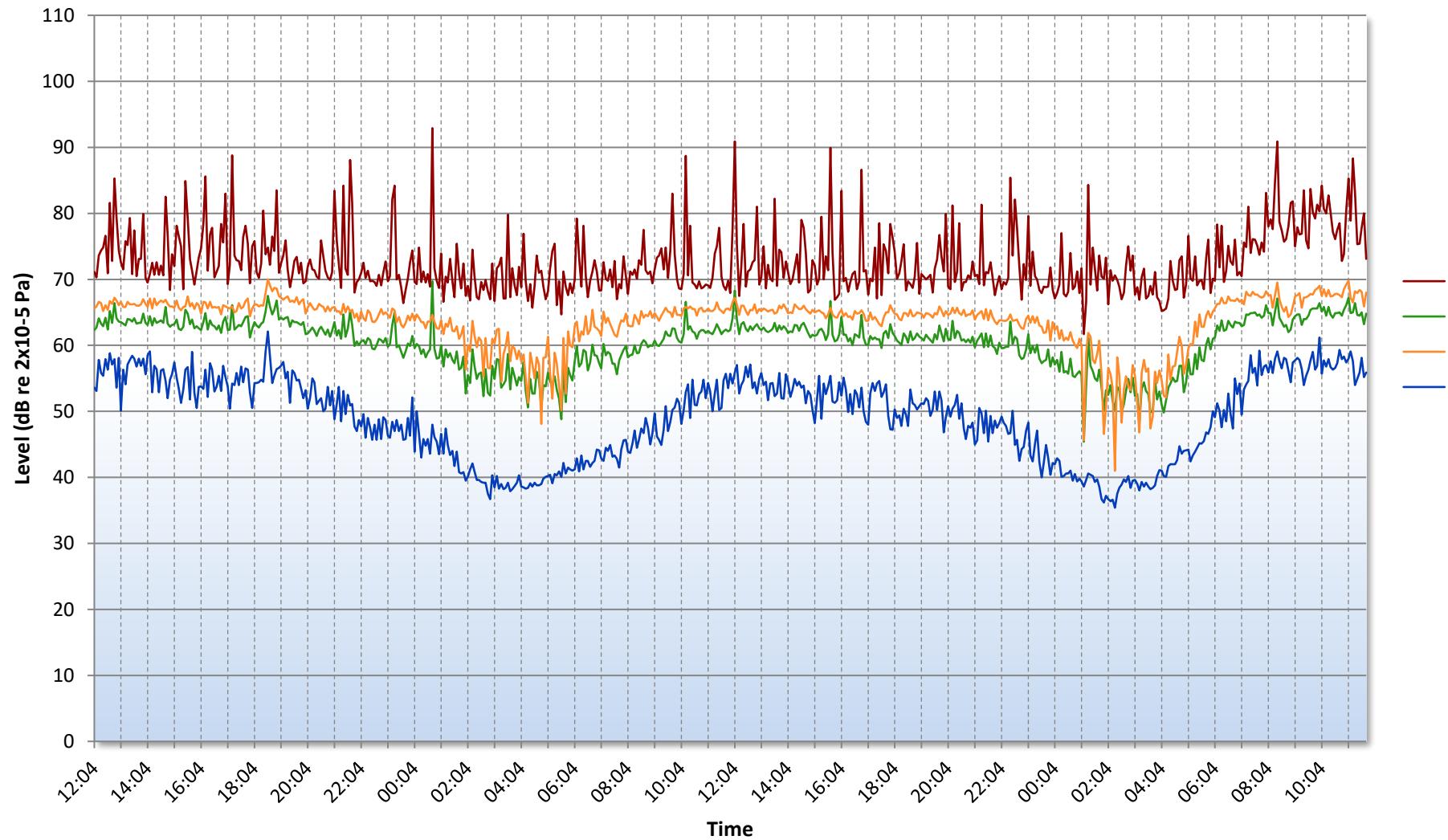


Figure 248i

APPENDIX A



GENERAL ACOUSTIC TERMINOLOGY

Decibel scale - dB

In practice, when sound intensity or sound pressure is measured, a logarithmic scale is used in which the unit is the 'decibel', dB. This is derived from the human auditory system, where the dynamic range of human hearing is so large, in the order of 10^{13} units, that only a logarithmic scale is the sensible solution for displaying such a range.

Decibel scale, 'A' weighted - dB(A)

The human ear is less sensitive at frequency extremes, below 125Hz and above 16Khz. A sound level meter models the ears variable sensitivity to sound at different frequencies. This is achieved by building a filter into the Sound Level Meter with a similar frequency response to that of the ear, an A-weighted filter where the unit is dB(A).

L_{eq}

The sound from noise sources often fluctuates widely during a given period of time. An average value can be measured, the equivalent sound pressure level L_{eq} . The L_{eq} is the equivalent sound level which would deliver the same sound energy as the actual fluctuating sound measured in the same time period.

L_{10}

This is the level exceeded for no more than 10% of the time. This parameter is often used as a "not to exceed" criterion for noise.

L_{90}

This is the level exceeded for no more than 90% of the time. This parameter is often used as a descriptor of "background noise" for environmental impact studies.

L_{max}

This is the maximum sound pressure level that has been measured over a period.

Octave Bands

In order to completely determine the composition of a sound it is necessary to determine the sound level at each frequency individually. Usually, values are stated in octave bands. The audible frequency region is divided into 11 such octave bands whose centre frequencies are defined in accordance with international standards. These centre frequencies are: 16, 31.5, 63, 125, 250, 500, 1000, 2000, 4000, 8000 and 16000 Hertz.

Environmental noise terms are defined in BS7445, *Description and Measurement of Environmental Noise*.

APPENDIX A



APPLIED ACOUSTIC TERMINOLOGY

Addition of noise from several sources

Noise from different sound sources combines to produce a sound level higher than that from any individual source. Two equally intense sound sources operating together produce a sound level which is 3dB higher than a single source and 4 sources produce a 6dB higher sound level.

Attenuation by distance

Sound which propagates from a point source in free air attenuates by 6dB for each doubling of distance from the noise source. Sound energy from line sources (e.g. stream of cars) drops off by 3dB for each doubling of distance.

Subjective impression of noise

Hearing perception is highly individualised. Sensitivity to noise also depends on frequency content, time of occurrence, duration of sound and psychological factors such as emotion and expectations. The following table is a guide to explain increases or decreases in sound levels for many scenarios.

Change in sound level (dB)	Change in perceived loudness
1	Imperceptible
3	Just barely perceptible
6	Clearly noticeable
10	About twice as loud

Transmission path(s)

The transmission path is the path the sound takes from the source to the receiver. Where multiple paths exist in parallel, the reduction in each path should be calculated and summed at the receiving point. Outdoor barriers can block transmission paths, for example traffic noise. The effectiveness of barriers is dependent on factors such as its distance from the noise source and the receiver, its height and construction.

Ground-borne vibration

In addition to airborne noise levels caused by transportation, construction, and industrial sources there is also the generation of ground-borne vibration to consider. This can lead to structure-borne noise, perceptible vibration, or in rare cases, building damage.

Sound insulation - Absorption within porous materials

Upon encountering a porous material, sound energy is absorbed. Porous materials which are intended to absorb sound are known as absorbents, and usually absorb 50 to 90% of the energy and are frequency dependent. Some are designed to absorb low frequencies, some for high frequencies and more exotic designs being able to absorb very wide ranges of frequencies. The energy is converted into both mechanical movement and heat within the material; both the stiffness and mass of panels affect the sound insulation performance.