



**EAL CONSULT BUILDING SUSTAINABILITY SINCE 2008**

# **DAYLIGHT & SUNLIGHT ASSESSMENT**

## **PROPERTY ADDRESS**

No 2 Midcroft,  
Ruslip,  
HA4 8ES

## **DATE**

Rev I, October 2025

## **PREPARED BY**

EAL Consult

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VAT Registration No. 942704035. [www.ealconsult.com](http://www.ealconsult.com) .020 8930 5668.



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## EXECUTIVE SUMMARY

This daylight assessment has been prepared to determine whether the proposed flats at No 2 Midcroft, in Ruslip, HA4 8ES, will provide residential accommodation considered acceptable in terms of daylight and sunlight. A detailed assessment of daylight quantity and distribution, as well as sunlight availability, have been undertaken for the relevant habitable rooms. This assessment should be consulted in conjunction with the proposed drawings.

The main objective to carry out this Daylight assessment is to:

- Determine the daylight and sunlight levels in all habitable rooms for the proposed scheme, to provide high standards of living to its future occupants.

Internal daylight levels have been assessed using the Target Daylight Factor method, as recommended in the BRE Guidelines (BR209, 2022) and aligned with BS EN 17037. In accordance with the guidance, the target daylight factor for each room must be met across at least 50% of the working plane and within 95% of the assessment grid area. This approach provides a more comprehensive and realistic understanding of internal daylight conditions, ensuring that rooms benefit from adequate natural light throughout the majority of their usable area.

The following assessments were carried out:

### Daylight Assessment

- **Proposed flats at ground, first, second and third floor – Daylight and Sunlight into Proposed Windows and habitable rooms**

An assessment of daylight & sunlight into rooms within the proposed flats has been carried out. This is to ensure future residents will benefit from the well-being of adequately daylit rooms. This will include the calculations of:

- a. Target Daylight Factor Levels for each habitable room (kitchen, living room and bedroom)

**The assessment of daylight and sunlight to the proposed residential units, indicates that the target daylight factor meets the recommended values set by BRE for all habitable rooms.**

The proposed drawings supplied by the architect were used for the purpose of modelling and for the calculations, including location, site plan and proposed floor plans.

## TERMS AND DEFINITIONS

**Daylight Factor (D)**

Ratio of total daylight illuminance at a reference point on the working plane within a space to outdoor illuminance on a horizontal plane due to an unobstructed CIE standard overcast sky. Thus a 1% D would mean that the indoor illuminance at that point in the space would be one hundredth the outdoor unobstructed horizontal illuminance.

**Target Daylight Factor**

Daylight factor value equivalent to the target illuminance to be exceeded for more than half of annual daylight hours over a specified fraction of the reference plane within a daylit space.

**Minimum Target Daylight Factor**

Daylight factor value equivalent to the minimum target illuminance to be exceeded for more than half of annual daylight hours over 95% of the reference plane within spaces with vertical and/or inclined daylight apertures.

**CIE standard overcast sky**

A completely overcast sky for which the ratio of its luminance  $L_y$  at an angle of elevation  $\gamma$  above the horizontal to the luminance  $L_z$  at the zenith is given by:  $(1 + 2 \sin \gamma) L_y = L_z$  A CIE standard overcast sky is darkest at the horizon and brightest at the zenith (vertically overhead).

**Daylight, natural light**

Combined skylight and sunlight.

**No sky line**

The outline on the working plane of the area from which no sky can be seen.

## CURRENT POLICIES, REGULATIONS AND BENCHMARKS

People expect good natural lighting in their homes and in a wide range of non-domestic buildings. Daylight makes an interior look more attractive and interesting as well as providing light to work or read by. Access to skylight and sunlight helps make a building energy efficient; effective daylighting will reduce the need for electric light, while winter solar gain can meet some of the heating requirements.

The quality and quantity of natural light in an interior depend on two main factors. The design of the interior environment is important: the size and position of windows, the depth and shape of rooms, and the colours of internal surfaces. But the design of the external environment also plays a major role: e.g. if obstructing buildings are so tall that they make adequate daylighting impossible, or if they block sunlight for much of the year.

Obstructions can limit access to light from the sky. This can be checked at an early design stage by measuring or calculating the angle of visible sky  $\theta$ , angle of obstruction or vertical sky component (VSC) at the centre of the lowest window where daylight is required. If VSC is:

- at least 27% ( $\theta$  is greater than 65°, obstruction angle less than 25°) conventional window design will usually give reasonable results.
- between 15% and 27% ( $\theta$  is between 45° and 65°, obstruction angle between 25° and 45°) special measures (larger windows, changes to room layout) are usually needed to provide adequate daylight.
- between 5% and 15% ( $\theta$  is between 25° and 45°, obstruction angle between 45° and 65°) it is very difficult to provide adequate daylight unless very large windows are used.
- less than 5% ( $\theta$  less than 25°, obstruction angle more than 65°) it is often impossible to achieve reasonable daylight, even if the whole window wall is glazed.

In general a dwelling, or non-domestic building that has a particular requirement for sunlight, will appear reasonably sunlit provided:

- at least one main window wall faces within 90° of due south and
- a habitable room, preferably a main living room, can receive a total of at least 1.5 hours of sunlight on 21 March. This is assessed at the inside centre of the window(s); sunlight received by different windows can be added provided they occur at different times and sunlight hours are not double counted.

Where groups of dwellings are planned, site layout design should aim to maximise the number of dwellings with a main living room that meets the above recommendations.

If a living room of an existing dwelling has a main window facing within 90° of due south, and any part of a new development subtends an angle of more than 25° to the horizontal measured from the centre of the window in a vertical section perpendicular to the window, then the sun lighting of the existing dwelling may be adversely affected. This will be the case if the centre of the window:

receives less than 25% of annual probable sunlight hours and less than 0.80 times its former annual value; or less than 5% of annual probable sunlight hours between 21 September and 21 March and less than 0.80 times its former value during that period;

- and also has a reduction in sunlight received over the whole year greater than 4% of annual probable sunlight hours.

The British Standard “Daylight in buildings” (BS EN 17037) contains advice and guidance on interior daylighting. The guidance contained in this publication (BR 209) is intended to be used with BS EN 17037 and its UK National Annex[C1]. Other European countries have their own versions of EN17037, which do not include the UK National Annex.

BS EN 17037 supersedes BS 8206 Part 2 “Code of practice for daylighting”[C2], which contained a method of assessment based on Average Daylight Factor, which is now no longer recommended. For daylight provision in buildings, BS EN 17037 provides two methodologies. One is based on target illuminances from daylight to be achieved over specified fractions of the reference plane (a plane at tabletop height covering the room) for at least half of the daylight hours in a typical year. The other, alternative, method is based on calculating the daylight factors achieved over specified fractions of the reference plane.

**BS EN 17037 gives three levels of recommendation for daylight provision in interior spaces: minimum, medium and high. For compliance with the standard, a daylit space should achieve the minimum level of recommendation.**

#### Daylight factor method

The daylight factor is the illuminance at a point on the reference plane in a space, divided by the illuminance on an unobstructed horizontal surface outdoors. The CIE standard overcast sky[C3] is used, and the ratio is usually expressed as a percentage.

Table C2 gives the daylight factor targets for side lit rooms in London.

**Table C2 – Target daylight factors (D) for London**

Level of recommendation	Target daylight factor D for half of assessment grid	Target daylight factor D for 95% of assessment grid
<b>Minimum</b>	2.1%	0.7%
<b>Medium</b>	3.5%	2.1%
<b>High</b>	5.3%	3.5%

## METHODOLOGY

### Surface reflectance

Internal and exterior surfaces and obstructions need to be modelled including appropriate surface reflectances.

Surface reflectances should represent real conditions. Where reflectance values have not been measured or specified, default values to be used in the calculation are given in Table C4.

**Table C4 – Recommended default surface reflectances**

Surface	Default reflectance
Interior walls	0.5
Ceilings	0.7
Floors	0.2
Exterior walls and obstructions	0.2
Exterior ground	0.2

Where surface finishes have been specified or measured on site, they can be used in the calculations with appropriate factors for maintenance and furniture. To allow for these factors, maximum reflectances for white painted surfaces in the calculations should not exceed 0.8 indoors, and 0.6 outdoors. Maximum reflectances for light pastel walls should not exceed 0.7 in the calculations, and maximum reflectances for light wood floors should not exceed 0.4. Surface reflectances used should be presented in the assessment, along with a specification of the materials if non-default reflectances are used.

### Glazing transmission

Glazing transmission factors, including maintenance factors, need to be included in the simulation along with account for, or modelling of, window framing. Where window frames are not specifically included in the model, frame factors should be applied based on the ratio of glass to overall window aperture area for the type of window to be used; this will generally vary with window size and whether the windows have opening lights. Where window types have not been specified, results for the overall window aperture should be multiplied by a default framing factor as given in Table C5.

**Table C5 – Recommended default framing factors**

Window type	Default framing factor
Windows with small panes	0.5
Normal windows with opening lights	0.6
Patio doors	0.7

### Neighbouring Properties

All neighbouring properties and structures have been modelled and included in this assessment.

## SITE

The proposed site is located in a predominantly residential area. Daylight studies were undertaken to ensure all habitable rooms will provide good natural light levels for its future occupants.

The proposal includes the re-development of the existing site, to construct a residential scheme comprising of seven flats, ranging from one to three bedrooms.

This assessment is based on the drawing as received in October 2025. The proposed scheme has been designed to provide generous window provision to all habitable rooms, ensuring good access to natural light throughout the development. These windows will be fully assessed as part of the internal daylight analysis to demonstrate compliance with the relevant daylight standards.



Figure 1 – Site Plan



Figure 2 – Proposed Flat Layout at ground level

# DAYLIGHT & SUNLIGHT ASSESSMENT PROPOSED FLATS

## Daylight factor

The daylight factor is the illuminance at a point on the reference plane in a space, divided by the illuminance on an unobstructed horizontal surface outdoors. The CIE standard overcast sky[C3] is used, and the ratio is usually expressed as a percentage. The recommendations for side lit rooms are met if both target daylight factors (the median daylight factor over 50% of the reference plane, and the minimum daylight factor over 95% of the reference plane) are achieved.

The table below shows the minimum requirements that each habitable space needs to achieve.

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<b>High</b>	5.3%	3.5%

## Sunlight: Annual and Winter Probable hours

BRE states: “in housing, the main requirement **for sunlight is in living rooms**, where it is valued at any time of the day, but especially in the afternoon. Sunlight is also required in conservatories. It is viewed as less important in bedrooms and in kitchens where people prefer it in the morning rather than the afternoon.”

The BRE guide considers the critical aspects of orientation and overshadowing in determining the availability of sunlight at a proposed development site.

The guide proposes minimizing the number of dwellings whose living room face solely north unless there is some compensating factor. At the same time it acknowledges that the site's existing urban environment may impose orientation or overshadowing constraints which may not be possible to overcome.

“In general, a dwelling or non-domestic building which has a particular requirement for sunlight, will appear reasonably sunlit provided that:

- At least one main window faces within 90 degrees of due south, and
- The centre of at least one window to a main living room can receive 25% of annual probable sunlight hours, including at least 5% of annual probable sunlight hours in the winter months between 21 September and 21 March. “

In paragraph 3.1.11 the BRE guidance suggests that if a room faces significantly North of due East or West it is unlikely to meet the recommended levels proposed by the BS 8206-2. As such, it is clear that only windows facing within 90 degrees of due South can be assessed using this methodology.

Table 1 - Daylight &amp; Sunlight Assessment

Unit	Room Type	TDF for half of the assessment grid(%) <sup>1</sup>	TDF for 95% of the assessment grid(%) <sup>2</sup>	Pass	Sunlight Assessment (probable sunlight hours)	
					Annual %	Winter %
<b>Ground Floor</b>						
Flat 1	Kitchen/Living/Dining	2.1%	1.5%	Yes	26%	7%
	Bedroom 1	4.2%	3.0%	Yes	N/A	N/A
	Bedroom 2	3.3%	2.7%	Yes	N/A	N/A
<b>First Floor</b>						
Flat 2	Kitchen/Living/Dining	4.5%	3.0%	Yes	28%	9%
	Bedroom 1	3.1%	2.4%	Yes	N/A	N/A
	Bedroom 2	6.6%	5.8%	Yes	N/A	N/A
Flat 3	Kitchen/Living/Dining	4.7%	3.5%	Yes	28%	9%
	Bedroom 1	5.8%	5.0%	Yes	N/A	N/A
Flat 4	Kitchen/Living/Dining	5.1%	4.2%	Yes	29%	9%
<b>Second Floor</b>						
Flat 4	Bedroom 1	3.7%	2.8%	Yes	N/A	N/A
	Bedroom 2	5.5%	4.8%	Yes	N/A	N/A
Flat 5	Kitchen/Living/Dining	4.8%	3.5%	Yes	28%	9%
	Bedroom 1	3.1%	2.4%	Yes	N/A	N/A
	Bedroom 2	6.6%	5.8%	Yes	N/A	N/A
Flat 6	Kitchen/Living/Dining	4.7%	3.5%	Yes	29%	9%
	Bedroom 1	5.8%	5.0%	Yes	N/A	N/A
<b>Third Floor</b>						
Flat 7	Kitchen/Living/Dining	3.0%	2.3%	Yes	28%	9%
	Bedroom 1	4.0%	3.1%	Yes	N/A	N/A
	Bedroom 2	4.9%	4.0%	Yes	N/A	N/A
	Bedroom 3	4.5%	3.9%	Yes	N/A	N/A

**Results:**

A total of 20 rooms were assessed. Results demonstrate that **all** habitable spaces will meet the required minimum Target Daylight Factor.

<sup>1</sup> Target Daylight Factor

<sup>2</sup> Target Daylight Factor

# CONCLUSION

## Daylight Assessment to Proposed Habitable rooms:

The Target Daylight Factors (TDFs) was assessed for all habitable rooms at No 133-135 Walton Road. The results show that:

- a. The proposed bedrooms, kitchens, living room, and dining areas, achieve the minimum target daylight levels.

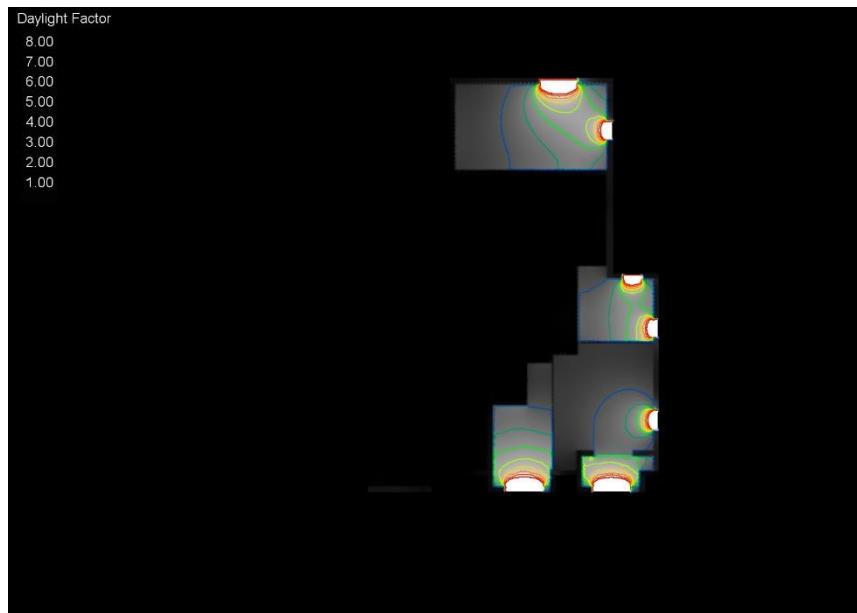


Figure 3 - Target Daylight Factor Diagram within the proposed flat at ground level

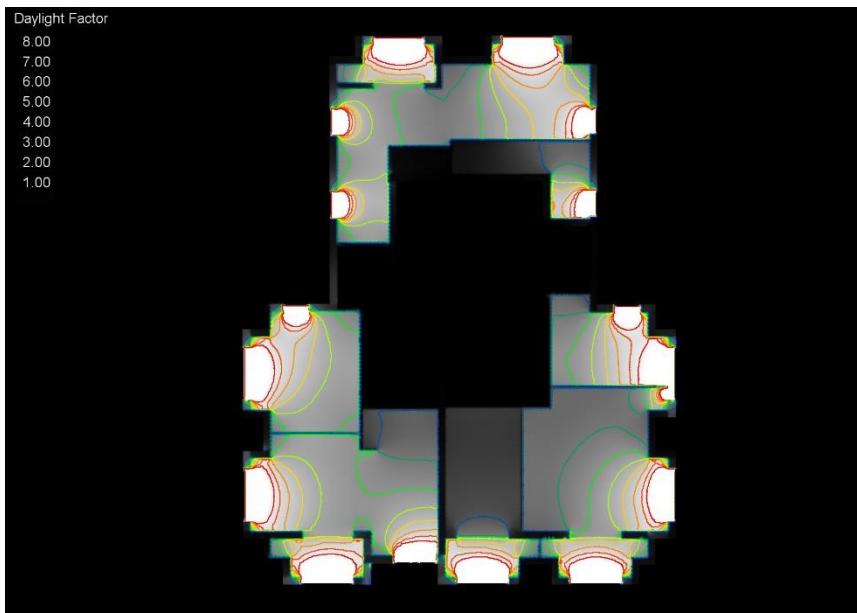


Figure 4 - Target Daylight Factor Diagram within the proposed flats at first level

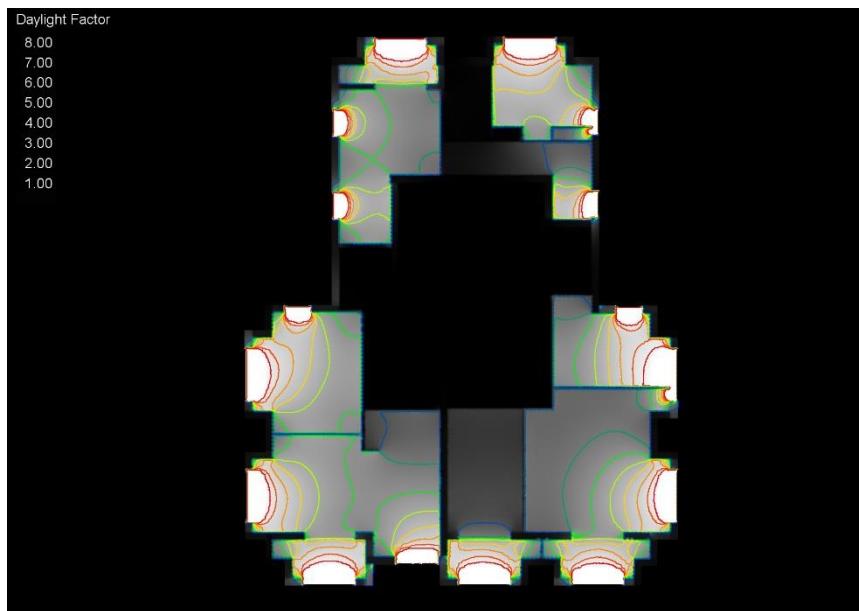


Figure 5 - Target Daylight Factor Diagram within the proposed flats at second level

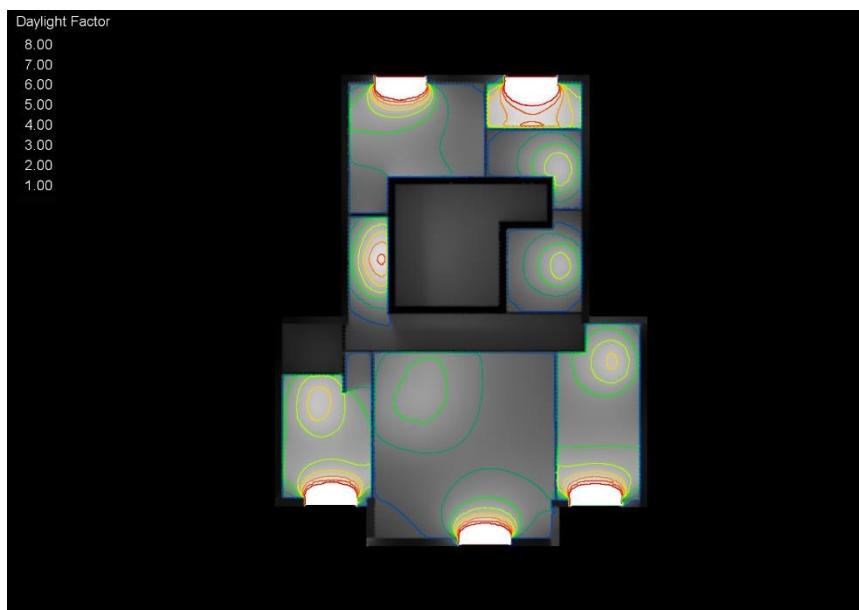


Figure 6 - Target Daylight Factor Diagram within the proposed flats at top floor

**It is worth noting that the daylight standards are for guidance and their purpose is to encourage good daylight levels within a dwelling.** In this development the daylight & sunlight levels have achieved all minimum requirement set by BRE.

**Additional Notes**

A separate assessment of the daylight and sunlight effects of the proposed development on neighbouring buildings has been undertaken by Syntegra. The findings of this assessment confirm that the proposal is consistent with the established urban environment and that the overall impact on daylight and sunlight levels remains well within acceptable limits.

**Disclaimer**

This daylight assessment report has been prepared solely for the purpose of evaluating the internal daylight performance of the proposed scheme in relation to the BRE guidelines and the target daylight factors specified. The analysis and results are based on the design information, drawings, and data provided at the time of assessment. Any subsequent changes to the design, layout, or surrounding conditions may affect the validity of this assessment.

This document is submitted as part of the planning process and is intended solely for use by the local planning authority and the client. It should not be relied upon by any other party without prior written consent from the author. While reasonable care has been taken to ensure the accuracy of the information and analysis, no guarantee or warranty is provided as to the future performance or actual conditions experienced on site, as these may vary due to factors beyond the scope of this assessment.

The findings demonstrate compliance with the relevant BRE guidance and target daylight factors under the stated assumptions. No liability is accepted for any use of this report other than for its intended purpose.