

**First Choice Medical Care**

275a Kings Road, Harrow, Middlesex HA2 9LG

Tel: 0208 42 99 966

[www.firstchoicemedicalcare.co.uk](http://www.firstchoicemedicalcare.co.uk)

**Dr Paramjit S Wasu**  
B.Sc. M.B.B.S

**Dr L Baksaitiene**  
MRCGP, M.B.B. S

**Harmander Kaur Wasu**  
Practice Manager

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20<sup>th</sup> July 2022

**Harrow Council**

Dear Sir/Madam

**KUGATHASAN, Srikanth (Mr) – DOB 20-Jan-1988 (34y)**  
**56 Diamond Road, Ruislip. Middlesex. HA4 0PG**

I write to certify that the above named patient has been registered at this practice as a NHS patient since 2020 and had come over from Sri Lanka.

According to his medical records we hold at the practice within the two years, he has a walking disability, for ease of reference I have attached the doctor's consultation notes.

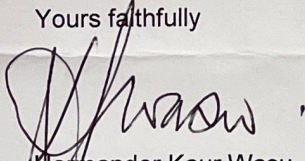
His GP had also referred him to apply for a disabled badge.

Srikanth is being cared by his mother. She helps him get in and out of the wheel at times of need. An application/ request for assistance in exemption of fees has been lodged because of his disability.

Please find attached all evidence which we can provide from the system and would be grateful for any support can be given to Sirkanth.

Should you have any further questions please write to the practice at the above address.

Yours faithfully



**Harmander Kaur Wasu**  
Practice Manager  
First Choice Medical Care  
275a Kings Road  
Harrow HA29LG



**KUGATHASAN, Srikanth (Mr)**Date of Birth: **20-Jan-1988 (34y)**

Report Path: Local Record

56 Diamond Road, Ruislip, Middlesex, HA4 0PG

NHS Number: 723 224 4169

Usual GP: WASU, Paramjit S (Dr)

**Consultations**

Date	Consultation Text
07-Oct-2021 17:39	GP Surgery (First Choice Medical Care) NALABANDA, ANANTH (Dr)
Problem	<b>Walking disability (New)</b>
History	Patient attended for f2F assessment Moved to UK 1 year ago started in childhood never been able to walk in birth Education upto year 1 he never worked dad did home schooling cant hold things disabilty badge applications dad passed away 4 months ago sleeping OK limited exercises eating and drinking OK history of constipation used lactulose chocking sensation since childhood
Examination	Patient in wheel chair
Document	Referral to occupational therapist (14-Oct-2021) OT Referral
Medication	(NOT ISSUED) Laxido Orange oral powder sachets sugar free (Galen Ltd) Dissolve Contents Of One Sachet In Half A Glass (125mL) Of Water And Take Each Day, 30 sachet
Comment	Plan 1, advised lactulose 2. laxido 3. referral to OT
31-Mar-2021 09:35	Telephone call to a patient (First Choice Medical Care) BAKIR, Ali (Dr)
Problem	<b>Walking disability (First)</b>
History	brother translating came to uk 1 year ago never been able to walk since birth - thinks due to pregnancy stress mood ok Education left primary school has never worked would like for him to be examined prior to disability badge applicaiton
Test Request	BLOOD SCIENCES (Winpath) - Unknown specimen Test Request : Bone profile Test Request : Renal profile Test Request : Full blood count - FBC Test Request : HbA1c (IFCC standardised, GP) Test Request : Liver function test Test Request : LIPIDS (NON-FASTING) GP Test Request : TSH (TFT) GP
Comment	adv first step is disability badge application they will guide you through process routine bloods when pandemic eases more



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Usual GP: WASU, Paramjit S (Dr)

**Consultations**

Date	Consultation Text
27-Sep-2021 09:46	Telephone consultation (First Choice Medical Care) NALABANDA, ANANTH (Dr)
Problem	<b>Serum cholesterol raised</b> ( <i>First</i> )
History	Telephone triage encounter due to CV19 pandemic spoke to brother patient has a disability lost dad recently to a MI high normal cholesterol brother requesting F2F GP review to discuss brothers disability nil CV19 symptoms
Family History	FH: Ischaemic heart dis. <60 Family member: Father
Result	QRISK2 cardiovascular disease 10 year risk score 1.6 %
Comment	Advised reg diet+exercise 2. to book F2F GP appt for disability assessment



## SHORT TERM REHABILITATION

Harrow SPA Tel: 0300 555 8889

[clcht.STRharrow@nhs.net](mailto:clcht.STRharrow@nhs.net)

Fax 0300 008 3196

Hospital Number:	Date: 14 October 2021
NHS Number: 723 224 4169	GP Name: WASU, Paramjit S (Dr)
Patient Surname: Kugathasan Mr/Mrs/Miss	GP Tel: 020 84299966
Patient Forename: KUGATHASAN, Srikanth (Mr)	GP Surgery: First Choice Medical Care
Patient Address: 56 Diamond Road Ruislip Middlesex HA4 0PG	Referrer Name:
	Referrer Contact Details: First Choice Medical Care
	Referrer Designation: 275A Kings Road Harrow Middlesex HA2 9LG
D.O.B.: 20-Jan-1988	N.O.K. Name: KUGATHASAN, Ashokkumar (Mr)
Patient Contact Tel:	N.O.K. Contact Number
07447478992	Mobile: (07447) 478992
Lives Alone <input type="checkbox"/> Y <input checked="" type="checkbox"/> N	
Key Safe <input type="checkbox"/> Y <input type="checkbox"/> N Key Safe Details .....	
Access to Property .....	
Risk Factors for Home Visit ... None .....	

Presenting Complaint: walking disability since childhood. Moved to UK from Sri Lanka an year ago. Needs mobil assessment

### Clinical Intervention Required

- ☐ Physiotherapy
 ☐ Speech and Language Therapy
 ☐ MS Nurse  
☒ Occupational therapy
 ☐ Falls Service

Current Medication	<input type="checkbox"/> Attached	Past Medical History	<input type="checkbox"/> Attached
		Please find my attached consultation; newly registered patient	

### Rehabilitation

Previous level of function .....  
 OT/PT goals ... Assessment for walking aids. Never had any OT assessment in past moved to UK year ago.  
 Exercises for core strength to facilitate walking



Signature .....Digitally Signed by Dr A nalabanda.....	Print Name .....Dr A Nalabanda.....
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